



Reminiscing cold but sweet

Syrians who fled to Jordan find memories of home in new branch of century-old ice cream parlour PAGE 10

Blackhawks hold on in OT

With a goal scored 10 minutes into overtime, the Hawks draw even with Bruins in cup final

NAME'S SPIELBERG. MAYBE YOU'VE SEEN ONE OF MY MOVIES?

SIX OF HIS BEST WILL BE SCREENED THIS YEAR AT OUTDOOR FILM FEST, INCLUDING ONE PICKED BY VOTE PAGE





A sailboat heads past the Imperial Oil refinery in Dartmouth on Wednesday. The company announced it is closing the 95-year-old refinery after it couldn't find a buyer. Story, page 3. JEFF HARPER/METRO

Zinck calls it quits after vow to fight

Recall cancelled.

MLA stood to lose thousands of dollars in transitional funding

Mere hours after the Nova Scotia legislature was recalled to deal with his possible expulsion, an Independent member from Dartmouth North changed his mind and abruptly resigned Wednesday.

Trevor Zinck had said he would fight for his job shortly after hearing that the house had been reconvened by Speaker Gordie Gosse for Thursday.

But Zinck said he would step down after learning he would lose transitional fund-



"I'm going to get past the court sentencing and I am

going to run."

Trevor Zinck on the next election

ing — about \$51,000 — to close his office if he was removed.

"That would have meant my office would have closed immediately, and no expenses would have been covered," said Zinck, adding that a single-mother working at his constituency office would be out of a job with no pay. "I don't think it would be fair."

Zinck pleaded guilty Monday in Nova Scotia Supreme Court to breach of trust and fraud over \$5,000 for filing bogus expense claims.

There had been mounting pressure from all political parties for Zinck to resign, but he repeatedly rejected that idea.

The rare decision to reconvene the house was made following an NDP caucus meeting Wednesday in Halifax.

If removed, Zinck would have forfeited his pension as a result of recent amendments. He would not get a severance.

Following his resignation, Zinck said he intended to run as an Independent in the election expected later this year, pending the outcome of his Aug. 7 sentencing.

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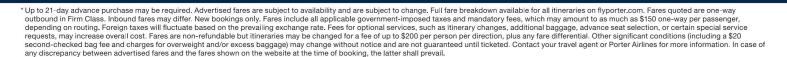
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NEWS
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Reita Jordan. Police search for woman's remains

Police have left the home of a Hammonds Plains man accused of killing Reita Jordan in hopes of finding the missing Halifax woman's remains.

A day after police laid a second-degree murder charge against Paul Trevor Calnen in relation to Jordan's disappearance, police were on scene for seven hours Wednesday searching for her remains in a home the two shared.

"Our purpose and our focus is to locate the remains of Reita Jordan," said Halifax RCMP Cpl. Scott MacRae. "This being a primary residence is a focus for investigators."

Calnen, who was dating Jordan, was arrested at 2:30 p.m. Monday on Brunswick Street in Halifax and charged with her murder on Tuesday afternoon.

In late March, police received a report of a missing person's case about the 34-year-old Jordan, who was last seen on March 19 by friends in Halifax. She hasn't been seen or heard from since

MacRae said police were concerned because Jordan hadn't been active on any social media since she went missing.

MacRae wasn't sure if investigators would be back at the home in the future. He said they arrived at about 9 a.m. and left around 4 p.m.

"It's very much an active and ongoing file," he said of the case.

Calnen has also been charged with indignity to human remains. He's been remanded to the Central Nova Correctional Facility in Burnside until his next court appearance on July 22.

PHILIP CROUCHER/METRO





95-year-old oil plant to shutter

Imperial Oil. Refinery in Dartmouth is closing after trying 'everything' to prevent closure



RUTH
DAVENPORT

A year after announcing it would put the Dartmouth refinery up for sale, Imperial Oil says it has not found a buyer — and the refinery will be converted to a terminal operation.

"There was significant interest," said vice-president of refining and supply Gilles Courtemanche Wednesday. "The bottom line is that people who understand the fundamentals did a very comprehensive review and

Quotac

"This is not a made-in-Nova Scotia problem. This is not a problem inside that fence. These people are great people, they operated the site flawlessly."

Gilles Courtemanche, Imperial Oil

came to the same conclusion that we've come to."

The 95-year-old plant was put on the market last May, and Courtemanche said it just can't compete any longer in the tough Atlantic Basin market.

"The market is super competitive ... there's two million barrels of daily production that don't really have a home," he said during a news conference in Halifax. "That puts extreme downward pressure on margins."

The Imperial refinery has a production capacity of 88,000 barrels a day — well below the million or more of newer refineries.

About 200 employees and 200 contractors are employed at the refinery and terminals, and Courtemanche said the company is working to minimize the impact of the closure on them.

Roughly 40 per cent of the workers will be offered retirement packages or will be employed at the new terminal. The rest will be offered positions within the company's other operations across Canada.

"We're disappointed," said Courtemanche about the jobs leaving Nova Scotia. "We've been here 95 years, with great employees.... We tried everything we could to see if we could prevent this from happening."

Conversion of the facility to a marine terminal will begin immediately and it's expected to be ready for operation by the end of the year. Dismantling the refinery will take several years.

Imperial received a break on the refinery's taxes in 2004 which was extended in 2012, but Courtemanche said the company did not seek further concessions from the Dexter government to avert the closure.

Transition from refinery to terminal

The Imperial Oil refinery in Dartmouth produces most of the gasoline sold in Nova Scotia, but the vice-president of refining said that supply won't be disrupted by the conversion of the refinery to

a marine terminal.

"We want this to be absolutely a non-event for the Nova Scotia market and economy," said Gilles Courtemanche on Wednesday.

Courtemanche said the

new terminal will be one of the largest in Canada.

He said shifting from a refinery to terminal will not affect gas prices in the province

"Atlantic Canada is verv

low in production when it comes to petroleum products, so ... the competitive environment doesn't change," he said. "There will be ... more volume than we need."

RUTH DAVENPORT/METRO

Eat local, see local at picnic

Come on out. Georges Island event to blend Halifax history with buy-local movement

Nova Scotia's buy-local movement will find a home on historic Georges Island for a couple of days this summer.

Called Picnic in the Past, the two-day family event scheduled for July 20 and 21 will offer guided tours of the 1812-era encampment while giving participants a chance to sample products from more than 400 businesses across the province.

Organizers are expecting 5,000 visitors to arrive at the Halifax Harbour landmark via ferry from Bishop's Landing.

The Halifax Seaport Farmers' Market was the site of Wednesday's event announcement, which was born out of a partnership between the province, Waterfront Development, Sports and Entertainment Atlantic and Parks Canada.

Halifax, with its many different forts and batteries such as Georges Island, was key to the defence of British North Amer-

Cost of admission

Kids ages five and under get a free tour; youth ages six to 12 and seniors pay \$10; and adult tickets are \$15.

ica in 1812.

Colin MacLean, president and CEO of Waterfront Development, called the site "part of the fabric of who we are."

The site will play host to various interactive activities, from historic scavenger hunts to guided tours of the site along with its underground tunnels.

"Anything that can bring attention to local farmers, the local-food movement is a great thing," said Julie Chaisson, executive director of the Halifax Seaport Farmers' Market.

Derek Martin, president of Sports and Entertainment Atlantic, said the idea to reopen the historic site came after a successful trial run last year during the Tall Ships festival.

He said the goal is to eventually open the island all summer.

The site will be open from 10 a.m. to 5 p.m.

ANDREW RANKIN/METRO



Film festival something to phone home about



This summer, dinosaurs will be rampaging along the Halifax waterfront and a friendly alien will take off on a bicycle — and keep an eye out for sharks.

On Wednesday, the Atlantic Film Festival pronounced this the summer of Spielberg. Six of the director's films will be shown outdoors for thousands of people in July and August.

The films, projected onto a huge outdoor screen behind the Emera building, will include E.T. the Extra-Terrestrial, Jaws, Indiana Jones and the Raiders of the Lost Ark, Catch Me if You Can, Jurassic Park and one chosen by the public.

"Summer is a magic time

Schedule

The showings for the Spielberg films that begin at dusk:

- July 19: E.T. the Extra-Terrestrial
- July 26: Indiana Jones and the Raiders of the Lost Ark
- Aug. 2: Jaws

 Aug. 9: Catch Me if You Can

- Aug. 16: Jurassic Park
- Aug. 23: People's choice between Minority Report, War of the Worlds and Close Encounters of the

for us," said AFF executive director Wayne Carter during the announcement.

"We wanted to have a selection of films that we thought were multi-generational and

were all about experiencing something at a film."

The former alFresco film-Festo was rebranded as the AFF Outdoor Film Experience, and Carter said short films created by local artists will be shown before each Friday movie.

Carter said by showcasing Steven Spielberg, the master of the summer blockbuster, the festival is moving away from a single actor's work to more thematic ideas.

"There's something very special about a large group of people sitting on the boardwalk all laughing, and hopefully this year jumping, in unison," Carter said.

For the last showing, fans can vote for Minority Report, Close Encounters of the Third Kind or War of the Worlds on Facebook. Voting runs until noon on Aug. 16.

HALEY RYAN/METRO

Meet Blue

HRP mascot named at last

This didn't exactly come out of the Blue.

Halifax Regional Police have released the results of their mascot-naming contest with 49 per cent of the vote going to, yup, you've guessed it — Blue.

The runner-up was Cali (21

per cent), followed by Linkz (18 per cent) and Hero (12 per cent).

The mascot will appear at parades, festivals and other community events to represent police across HRM.

There were a total of 117 submissions for a mascot name from schoolchildren up to Grade 6, with police narrowing the list to four and the public voting on the winner. METRO



Gottingen Street

Cops draw gun on man in altercation

Halifax Regional Police say three officers arrested a man at gunpoint after an incident on Gottingen Street Tuesday night.

Three plain-clothes officers watched a disturbance break out between two men near 2285 Gottingen St. around 9:30 p.m. When police tried to break things up, one of the men allegedly pulled out a knife on the

The officers then drew their guns, a police release states, and the man was arrested at gunpoint. No one was injured.

A 57-year-old man from Halifax was due in provincial court on Wednesday to face weapons charges. METRO

Fatality

Man dies after Cabot Trail crash

Cape Breton police are investigating a fatal crash on the Cabot Trail.

Ingonish Beach RCMP say a car driven by a 21-year-old man left the highway and he was ejected from the vehicle just before 6 a.m. on Wednesday, METRO

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metr⊕ **NEWS** metronews.ca Thursday, June 20, 2013

Dartmouth. Young mom hides with 10-month-old baby after break-in

Police are warning the public to keep their doors locked at all times after a Dartmouth woman was surprised to find an intruder in her kitchen.

Around 9:20 p.m. Tuesday at a home on Mount Edward Avenue, a 25-year-old woman found a man in the kitchen holding her purse as she went to answer a knock on the door.

"We do believe the individual who broke in was not aware there was someone inside," said Halifax Regional Police spokesperson Const. Pierre Bourdages.

The young woman ran to her bedroom and called 911 as she hid with her 10-month-old baby, while the man took off through the back door.

Bourdages said the incident was in the "same general area" as a recent rash of breakand-enters near Main Street,

Halifax Regional Police spokesman Const. Pierre Bourdages says he doesn't know why this area is being targeted over others.

Mount Edward and Woodlawn

In those crimes, police say an intruder would knock on the front door of a home, and if no one was around they'd break in to steal something and leave through the back.

Bourdages said despite extra police patrols in the area, they haven't been able to locate any suspects, and are asking for the public to report suspicious cars or people lurking around the area.

Impaired driving. Woman charged in daughter's death opts for jury trial

A Nova Scotia woman accused of impaired driving in the death of her young daughter has chosen to be tried by judge and jury.

A lawyer representing Candice Roxanne Moore appeared on her client's behalf on Wednesday in Bridgewater provincial court.

The 31-year-old Moore is also charged with criminal negligence causing death, dangerous driving causing

Warrant executed

death and refusing to comply with the demand for a breath sample.

She has not yet entered any pleas.

Moore was charged after

her nine-year-old daughter, Olive, was struck and killed by a van Jan. 19 in Pleasantville, N.S.

The case is due back in court for a preliminary inquiry on Nov. 29.

Time cut short

Man charged after drug search in Dartmouth

Police have charged a 40-year-old man after a drug search in Dartmouth.

Police say a warrant was executed on Tuesday night in an apartment on Slayter Street and officers found hydromorphone, crack cocaine, marijuana, cash and a switchblade

The 40-year-old has been charged with three counts of possession of drugs and one count of possession of a prohibited weapon. He is due in court Aug. 13.

Springhill inmate dies following lengthy illness

A 36-year-old inmate from the Springhill Institution died at All Saints Hospital on Wednesday following a lengthy illness.

Timothy Edward Walsh had been serving a five year, six-month sentence for robbery and uttering a threat to cause death or bodily harm.

His sentence began in February.

Next of kin have been notified.

Correctional Service of Canada will review the circumstances around the incident. AMHERST DAILY NEWS



Orange crush: NDP love-in celebrates party's fourth anniversary in government

Looking ahead.

Premier doesn't hint on when election call could come



RYAN ev.rvan@metronews.ca

The NDP celebrated four years in government during an event Wednesday morning, where Premier Darrell Dexter said he is looking towards the future and an election that will be "more important than the last

Dexter gathered together

with 100 caucus members and staff at the Nova Scotia Community College's Dartmouth Waterfront Campus, four years after his cabinet was sworn in on June 19.

"It's not about being compared to perfect," Dexter told reporters afterwards. about being compared to the way things were four years ago.'

Five people impacted by NDP investments in insulin pumps, senior tax relief, autism programs and community forestry spoke of their experiences.

"There's a lot of cynicism in politics," Dexter said. "Those (stories) bring home to people

"You work as hard as you can, and you hope people notice."

Premier Darrell Dexter

the work that we have actually done over the last number of

Tory Leader Jamie Baillie issued a release on Wednesday to say the Dexter government's legacy is built on failed commitments. He pointed to there being fewer full-time jobs than four years ago, thousands of young people still leaving long-term care growing by 50 per cent.

Dexter has a trail of bad decisions and broken promises that he'll have to defend in the election," Baillie said in a state-

Dexter said there is no date set for an election, but it will be more important than the last because the NDP is asking the public if they should be the ones handling the province's

The premier said his government always planned on working past the four-year cycle by setting large projects in motion like Ships Start Here and Maritime Link



Two-week delay granted for Yarmouth ferry proposals

The province says companies interested in submitting a proposal for ferry service operating between Yarmouth and Maine have asked for more time to prepare business plans.

Therefore, instead of the request for proposals (RFP) closing on Thursday, the deadline has now been extended to

The province says it is granting a two-week extension to the RFP process to make sure companies have the time needed to prepare their pro-

"We're working hard to find a company with a sound business plan for a sustainable

ferry service in Yarmouth," said Graham Steele, minister of economic and rural development and tourism.

The province and the Nova Scotia International Ferry Partnership are working to find a qualified company to run a ferry service to the U.S.



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Bob Rae leaves politics to focus on new role

MP resignation.

Former Liberal leader to negotiate for First Nations in Ring of Fire mining development

Bob Rae, a fixture on Canada's political scene for more than three decades, is giving up his seat in the House of Commons to devote himself to work on behalf of First Nations in northern Ontario.

Rae said he is leaving politics so he can focus on his new role as chief negotiator for First Nations in talks with the province about development of the Ring of Fire mining development in northern Ontario.

"This is going to be a major undertaking," an emotional Rae told a surprise news conference Wednesday in the foyer of the House of Commons.

"It's clear to me that it will take a lot more time and it simply isn't possible to do both jobs at the same time."

The 64-year-old's unexpected announcement caps a political career that has spanned 35 years and two parties.

Rae began in politics as a New Democrat and later shifted to the federal Liberals, even seeking the party leadership at one point.

He was first elected to the Commons in a 1978 byelection, but moved to Ontario provincial politics four years later, when he became provincial NDP leader and later served as premier.

In 2006, having joined the Liberals, he unsuccessfully sought the party leadership, but won a seat in the Commons in 2008, becoming interim leader after Michael Ignatieff lost his seat in the 2011 election.

THE CANADIAN PRESS

High school could be bad for your health

High school may improve students' minds, but it does the opposite for their bodies.

A new study from the University of Waterloo suggests Canadian students in Grade 12 are in worse health than their younger high-school peers.

The research, published in the latest issue of the journal BMC Public Health, found that by the time students reach senior year, they're at a significantly increased risk for chronic diseases such as diabetes and lung cancer.

It shows that over four years of high school, the number of smokers went up 170 per cent, binge drinking jumped 167 per cent and marijuana use rose by 124 per cent.

What's more, the vast majority of students — more than 89 per cent — didn't meet Health Canada's guide lines for minimum physical activity, and barely seven per



One Canadian study finds students in senior grades are at a higher risk for

cent reported eating enough fruit and vegetables.

The study's co-author, Scott Leatherdale, says the fact that large proportions of graduating students fail to meet the most basic healthy living recommendations is cause for concern.

Having even one of the risk factors measured can increase the likelihood of disease, and by Grade 12, the average student shows three, he said.

Students in higher grades appear to be at the greatest risk, he added.

THE CANADIAN PRESS

Summer break

House adjourns early after bitter spring sitting

All parties agreed Tuesday to end the most bitter spring sitting of Parliament since Stephen Harper's Conservatives came to power more than seven years ago. Proceedings had devolved into acrimonious mud-slinging. THE CANADIAN PRESS

Corruption charges

Montreal will get its new, new mayor Tuesday

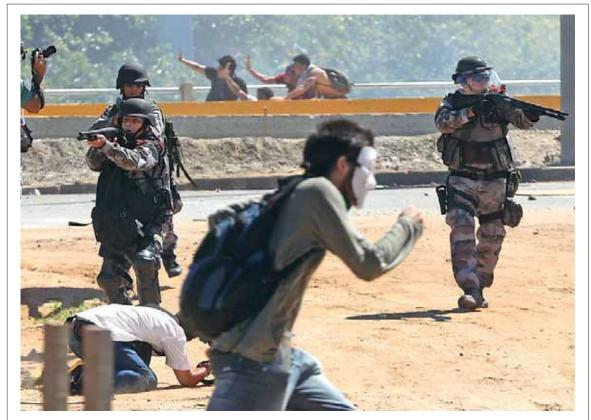
Montreal will have its next interim mayor — the third mayor in less than a year — early next week. The city clerk's office has announced a vote will be held during a special meeting of council next Tuesday. THE CANADIAN PRESS

Seeking asylum

NSA leaker reaching out to Iceland?

A WikiLeaks spokesman who claims to represent Edward Snowden has reached out to government officials in Iceland about the possibility of the NSA leaker applying for asylum, officials there said Wednesday. THE ASSOCIATED PRESS





Brazilian rioters wreak havoc in protest over poor services

Riot police aim their weapons at protesters gathering near Castelao stadium in Fortaleza, Brazil, on Wednesday. Protesters cut off the main access road to the stadium where Brazil played Mexico in the Confederations Cup on Wednesday afternoon. Scattered street demonstrations popped up around Brazil as protesters decried the low-quality public services they receive in exchange for high taxes and rising prices. Leaders in Brazil's two biggest cities said they have reversed an increase in bus and subway fares that ignited outrage across the nation. Andre Penner/The ASSOCIATED PRESS

Serena Williams backtracks on rape comment

Unforced error. Tennis star reaches out to Steubenville victim after 'hurtful' remarks

Serena Williams is apologizing for a Rolling Stone article that quoted her blaming the 16-yearold rape victim in a high-profile case in Steubenville, Ohio.

"She shouldn't have put herself in that position," she is quoted as saying in the profile, in an upcoming edition.

She made the comments to the reporter after seeing coverage of the case flash on television while getting a manicure.

"They did something stupid, but I don't know. I'm not blaming the girl, but if you're a 16-year-old and you're drunk like that, your parents should teach you: Don't take drinks from other people. She's 16,

A week from Wimbledon



"I am deeply sorry for what was written in the Rolling

Stone article. What was written — what I supposedly said — is insensitive and hurtful, and I by no means would say or insinuate that she was at all to blame." Serena Williams

why was she that drunk where she doesn't remember? It could have been much worse. She's lucky," Williams said.

Williams, ranked No. 1 in the world in women's tennis, said she was reaching out to the girl's family to apologize.

TORSTAR NEWS SERVICE Still. th

Ashley Smith. Inmate's strangulations not always dangerous, inquest hears

Senior managers agreed that intervening every time a teen inmate tied a ligature around her neck was unnecessary because she was not always in immediate danger, an inquest into her death heard on Wednesday.

Michelle Bridgen, a middle manager at the Grand Valley Institution in Kitchener, Ont., said it was the warden and deputy warden who decided essentially that guards should intervene only if Ashley Smith risked imminent death.

"When she had a ligature, sometimes it was not tied tightly around her neck," Bridgen testified.

"Sometimes she would even tie it in a bow around her neck and put her fingers through it and say, 'See, it's not tight."

The choice became whether guards should frighten Smith by rushing into her segregation cell to retrieve the ligature or "empower" the inmate by allowing her to give it up without force, Bridgen said.

Still, the ligature-tying



Michelle Bridgen, a correctional manager, is seen outside the Ashley Smith inquest in Toronto on Wednesday. Bridgen was suspended for 10 days for her role in Smith's death in October 2007.

never became part of the blueprint for how guards were to deal with Smith

The issue of what guards were ordered to do when Smith was seen to be strangling herself is one of the crucial questions at the inquest into her death.

THE CANADIAN PRESS



Syrian refugees find a taste of home

A bowlful of nostlagia.

Beloved Damascus ice-cream shop opens a branch in Jordan, giving many who fled from war a moment of sweet peace

For Syrians, no visit to Damascus' Old City is complete without a stop at a more than century-old ice-cream parlour, where you can watch them make their distinctive dessert by pounding it into shape with mallets, then enjoy a bowl of it sprinkled with pistachios.

Now, those who fled their country's bloody civil war

can savour a taste from back home. Damascus' most famed ice-cream shop, Bakdash, has opened a branch in the Jordanian capital Amman, and both Jordanians and Syrians living there are flocking to it.

With its mix of milk, gum Arabic and sahlab — a flour made from orchids — Bak-dash ice cream is distinct from American brands like Ben & Jerry's and Häagen-Dazs: The traditional Syrian ice cream has a more elastic texture and slightly more perfumed flavour than the Western versions.

Bakdash's owners still keep the Damascus shop running, but they have set up shops in Jordan and the United Arab Emirates, hoping the new businesses will help keep the home

Quoted

"When I meet other Syrians here in the parlour, I feel my spirit lift."

Basima, a Syrian housewife who fled to Jordan seven months ago and was thrilled to discover a touch of home in Bakdash's Amman branch.

store afloat. About half of the Amman branch's customers are Syrians, said the assistant manager, Yarob Ababneh, whose father is Bakdash's Jordanian partner.

"Once or twice I saw people cry," he said. "Bakdash has been in Syria since 1895, so those who grew up there know the place and have been there many times." THE ASSOCIATED PRESS

World health. Saudi



A worker prepares ice cream at the Bakdash ice-cream store in Amman, Jordan, Wednesday, where a branch of a morethan-century-old Damascus ice-cream parlour has opened up shop to serve its famous dessert to Syrians displaced by a bloody civil war. монаммад наммом/тне associated press

New York City. 8 injured as car jumps curb, slams into Manhattan store

Police and fire officials say eight people have been injured, one of them critically, after a car jumped a curb and slammed into a Manhattan store

The white-coloured car hit a 24-hour grocery store around 7 a.m. Wednesday.

One witness, Rafael Fuentes, says the driver lost control about a block away and plowed

through everything on the sidewalk.

Another witness, Najava Stone, says people were hurt by flying debris. He says the car spun before landing in a crosswalk.

A fire hydrant landed down the block, a large tree and a street sign were down and outdoor refrigerator cases were overturned. THE ASSOCIATED PRESS

the A report on a large and possibly

ongoing outbreak of the MERS coronavirus in Saudi Arabia reveals the virus spreads easily within hospitals, at one point passing in a person-to-person chain that encompassed at least five generations of spread.

The study, co-written by Toronto SARS expert Dr. Allison McGeer, also hints there may have been a superspreader in this outbreak, with one person infecting at least seven others.

The study lays out what is known about an outbreak of MERS that erupted this spring in four hospitals in Saudi Arabia. It was reported online on Wednesday by the New England Journal of Medicine.

"This virus is closer to SARS than anything else," McGeer, an infection control specialist at Toronto's Mount Sinai Hospital,

virus outbreak included SARS-like symptoms

said in an interview from Cairo.

"If you want to think about how you're going to prevent and manage hospital outbreaks, SARS is the place that all of us would start."

THE CANADIAN PRESS

'Unnervine

McGeer said there are some fortunate distinctions between the MERS and SARS outbreaks, as well as some worrisome differences.

 The high attack rate among patients was "pretty unnerving," she said, as is the fact that it appears people are infectious earlier in their illness than SARS patients were.

Chile

Presidential candidate pelted with eggs

Chilean protesters have thrown eggs at conservative presidential candidate Pablo Longueira after he performed a Zumba dance, objecting more to his politics than his dancing.

Local radio reports that construction workers threw eggs at Longueira Wednesday after his performance at a campaign event in the capital of Santiago.

Longueira, of the conservative Alianza coalition, is a former economy minister who was close to ex-dictator Gen. Augusto Pinochet. He's running in June 30 primary against former defence minister Andres Allamand for the chance to represent the centre-right coalition.

THE ASSOCIATED PRESS

Iran

Tweets seem to show softer side of ayatollah

A Twitter feed believed to be run by the office of Iran supreme leader Ayatollah Ali Khamenei now sports musings about his boyhood desires to work out at a gym and the pleasures of mountain strolls.

The tweets are widely believed to be endorsed by Iran's top ruler, who rarely discusses personal matters in public.

Several messages were translated into English on Wednesday. One said his father did not believe Islamic students should go to the gym but relented after a friend intervened.

Another expressed sadness that many young people in Tehran do not seek out nature.

THE ASSOCIATED PRESS





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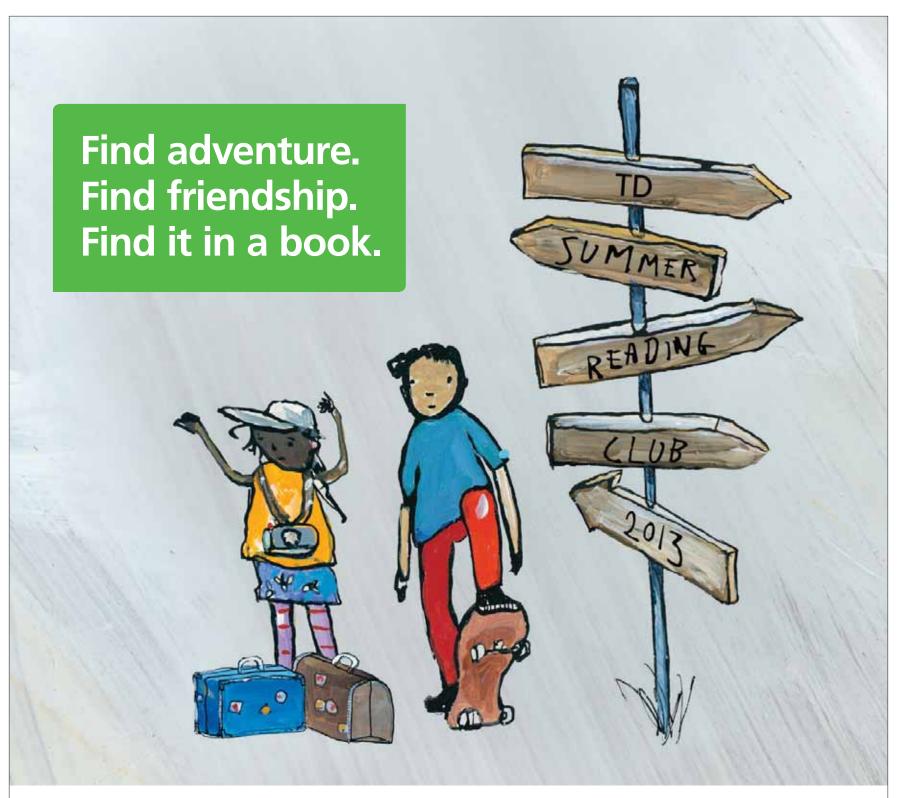


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Indiegogo defends Crackstarter campaign

Crowdfunding. Website co-founder says effort to raise money for alleged crack video was about giving power to people

A campaign that raised \$200,000 to purchase an alleged video appearing to show

Toronto Mayor Rob Ford smoking crack was a "beautiful example" of the fundraising power of the Internet, says the website that hosted the controversial crusade.

"That campaign really just speaks to what crowdfunding is about, which is giving the power to people to decide what matters to them and to fund what matters to them," said Danae Ringelmann, co-founder of crowdfunding site Indiegogo.

The video fundraising campaign was launched by Gawker, a U.S. site whose editor John Cook claimed he'd watched the video, which was being shopped around for \$200,000 by drug dealers. Ford has said the alleged video does not exist and that he does not use crack cocaine. THE CANADIAN PRESS

Retail. Loblaw tests new smaller discount grocery store format in Calgary

Canada's largest grocer is trying out a new discount smallstore format in a bid to attract more customers in urban areas. Loblaw Cos. Ltd. said it opened the new 10,000-squarefoot store a few weeks ago in Calgary.

Calgary.

The location, named Box by No Frills, offers "hard discounts and an everyday low price" on groceries and other merchandise, Sarah Davis, Loblaw's chief financial officer, said in a conference call Wednesday.

"We are trying that as a pilot to see, 'Is it something that we can infill in a lot of areas of Canada because it's only 10,000 square feet?'" she told investors from the company's Brampton headquarters.

Loblaw's discount chain of stores, No Frills, are typically 25,000 square feet. The company also operates a number of other banners, including Real Canadian Superstore, which has a large format and wide range of general merchandise in addition to groceries.



A logo for Box by No Frills.

The new Box format is being tested as the company creates one of Canada's largest commercial real estate trusts with its grocery property assets, and prepares for stiffer competition from Target, Walmart Canada and Sobey's, which recently announced a \$5.8-billion deal to buy Safeway Inc. in Western Canada.

Davis said if the small-box format is successful, the grocery chain will buy new property to develop into more locations under the Box banner.

THE CANADIAN PRESS

Milan

Dolce, Gabbana convicted of tax evasion

A Milan court has convicted the designers Domenico Dolce and Stefano Gabbana of tax evasion. They were found guilty of failing to declare about \$273 million through a Luxembourg company to authorities and given a one-year-and-eightmonths suspended jail sentence. They were ordered to pay a penalty of about \$682,000 to tax authorities.

Market Minute









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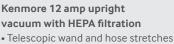
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summer fun



• INSIDE: Find 20 pages of stories, events and activities that will keep you busy over the next few months



metrrem 14 SUMMER FUN metronews.ca fundas, June 20, 2013



Celebrate our nation's birthday

JON TATTRIE

Canada is turning 146 this summer and HRM is celebrating with concerts, parades and fireworks.

The long weekend starts June 29 with sponsor Dartmouth Crossing's kickoff fireworks, music and cake at the shopping area's Pondside Amphitheatre. The event starts at 7:30 p.m. and runs to 9:45 p.m.

On June 30, EPIC Kids is putting on a fun triathlon for children aged 6 to 16 at Lake Banook.

Canada Day starts July 1 in

COLAISDE NA

GÁIDHLIG

GAELIC COLLEGE

VAR ade and brackline

Dartmouth with a flag raising ceremony at Alderney Landing between 8-9 a.m., followed by a pancake breakfast. In Halifax, the flag is raised the same time in the Grand Parade and the pancake breakfast follows.

The day will officially open at 11 a.m. with a 21-gun salute in Citadel Hill, which is free for the day. Check out the Family Fun Fest on the Halifax Common from noon to 4 p.m. There will be free bounce castles, obstacle courses, laser tag and the Glooscap Hotdogs Dog Show.

"It's always a major highlight," said Billy Comer, HRM's civic events co-or-

Best vantage poin

"Definitely the best viewing spot for the fireworks is at Alderney Landing in the parking lot during our main event concert. There are also angles on the lower waterfront in Halifax and Casino Nova Scotia."

Billy Comer, HRM's civic events co-ordinator

dinator. "You can bring the family and bring lunch. There are also vendors on site." The main event is the

The main event is the Alderney Landing concert. Comer says the success of 2012's Mother Mother show convinced them to stage another indie-heavy show this year. The headliner is

Ontario's Tokyo Police Club. P.E.I.'s Paper Lions, Halifax's Gloryhound and Toronto's the Elwins will round out the show.

show.

"We really wanted to go with an indie rock show this year. We wanted to showcase that and bring it to our fans," he said. "Over the years, the

show has definitely become more youthful."

The free concert starts at 5 p.m. and will go to midnight, including taking in the fireworks.

"Definitely the best viewing spot for the fireworks is at Alderney Landing in the parking lot during our main event concert," Comer said. "There are also angles on the lower waterfront in Halifax and Casino Nova Scotia"

and Casino Nova Scotia."

HRM is expecting 150,000 people in the city centre on Canada Day, so organizers urge citizens to carpool or take Metro Transit.

The ferries are on loadand-go all day.

What's inside



Waterfront will be rocking with buskers



Revved up for family fun at annual Tattoo Page 17



Let the Bard entertain you this summer Page 22



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metronews.can 20, 2013

SUMMER FUN 15

Thursday J. 20, 2013

Merry minstrels taking it to the streets

JON TATTRIE

Acrobats, jugglers, contortionists and musicians will take over the waterfront from July 31 to Aug. 5 for the 27th annual Halifax International Busker Festival.

The event is cutting back to six days instead of 10, but event director Christina Edwards says that's mostly about making it a better experience for spectators.

"We're shortening our days, but we're actually longer in our hours," she said.

The festival will run from noon until 10 p.m. every day, with shows starting on the hour.

Packaging it with the Natal Day events will make for an action-packed weekend.

"The waterfront should be rocking that weekend," she said.

"I'm looking forward to seeing Acrobuffos: Waterbombs. It's a giant water balloon war."

She posted a video to the Busker Facebook page showing the award-winning, silent, red-suited performers wowing a crowd with a wild "water balloon gladiator" show of comic antics, flying water bombs and opera music.

Other highlights are Brother, the Australian bank that fuses signature vocals and guitar with the deep pulse of the didgeridoo, bagpipes and tribal percussion. USA Breakdancers has taken its highenergy family friendly show



around the world and is returning to Halifax.

Ernest the Magnifico's Rockin' Stunt Show features a high-flying car, a heartstopping pogo stick and the Australian Outback's most famous stuntman, Ernest himself

Edwards said no local acts applied this year, but she is working with Atlantic Cirque to get it involved and will keep the Chebucto Landing stage open to local buskers. You can book ahead or just show up and show off your talents

"It's a first-come, first-serve stage," she said.

The main stages are at

Nathan Green, behind the ferry terminal in Halifax, the wharf behind the Maritime Museum of the Atlantic, Sackville Landing at the bottom of Sackville Street, Summit Plaza and a new stage at Bishops Landing. And for the first time ever, the whole schedule will be posted online. Go to Buskers. ca toward the end of July for a full listing and check out its Facebook and Twitter accounts for updates.







Dining destinations

Food. Whether it's casual or fine dining you are looking for, Halifax has a variety of options

RICHARD WOODBURY

For Metro

There are lots of options for the gourmand when it comes to dining out in Halifax, regardless of one's budget. Here are a few can't-miss options.

If a burger and fries is on your mind, the Westcliff Restaurant is a great option. Located at the corner of Oxford Street and Bayers Road, the cosy spot is a throwback to the diners of yesterday and features a mix of booths, tables and countertop seats. The Westcliff's prices can't be beat and the food is great. Part of the charm is the unusual ordering process. Diners take a pen and a piece of paper from a basket and write their orders down. Be sure to try the homemade fudge.

Another popular burger joint — which is also known for its pitas and milkshakes — is Darrell's Restaurant. Best known for its peanut butter burger, other crazy concoctions include a Moroccan lamb burger that comes dressed with curried mayo, spinach, fried onions and banana. Darrell's is nestled in the South

End on Fenwick Street.

For great Italian fare at an excellent price, Vinny's Pasta Bar is a hidden gem. Tucked away on Inglis Street, Vinny's a popular spot where it is best to call ahead and get reservations. The service is fast and diners are welcomed with warm freshly-baked bread. In part because of its location, Vinny's is a big hit with students

For a unique beer to go with dinner, besides the usual favourites, the Hart & Thistle in Historic Properties offers a handcrafted ale that is constantly changing. For the beer connoisseur, brewer Greg Nash even maintains a blog where he posts the vital stats of the beers he creates, such as the hops and malts used.

If fine dining is on the mind, daMaurizio is one of the city's finest restaurants. Cosy, intimate and not at all pretentious, it's the perfect place for a romantic dinner. Located on Lower Water Street, the restaurant also has a prix fixe option for \$39.95 per person (plus HST), which certainly helps leave some cash for flowers and chocolates.



Tattoo. Marking military anniversaries

JON TATTRIE

The Royal Nova Scotia International Tattoo will mark two major military anniversaries this year.

It has been 200 years since the HMS Shannon dragged the defeated USS Chesapeake into Halifax Harbour during the War of 1812, and it's the 70th anniversary of the Battle of the Atlantic.

The Chesapeake was captured by British forces in 1813 (the war dragged on

until 1815) outside of Boston Harbor and the sailors brought it to Halifax on June 6. More than 70 men died and 150 were injured in the clash.

"The capture of the USS Chesapeake by the HMS Shannon in June 1813 will be recognized by the Tattoo with a historic recreation of the celebration in Halifax when the Chesapeake was towed into the harbour by the Shannon," said Jess Ilse of the Tattoo. "History recalls this as one of the quickest and bloodiest battles in the age of sail, and the cannons

from both ships are now located at Province House in Halifax."

The Tattoo will remember the Battle of the Atlantic, the longest single campaign of the Second World War, with a specially commissioned musical arrangement debuting at the show.

The show also focuses on the "Bond of Friendship" with

a contingent of performers from around the world packing the night with five- to seven-minute segments. The American Rogues will bring their brand of Celtic Rock, the OzScot Dancers blend Scottish Highland dancing with contemporary movement, while the ever-popular Hamburg Police Motorcycle Display Team will crank up

the volume with stunts on their BMW R50s and R60s.

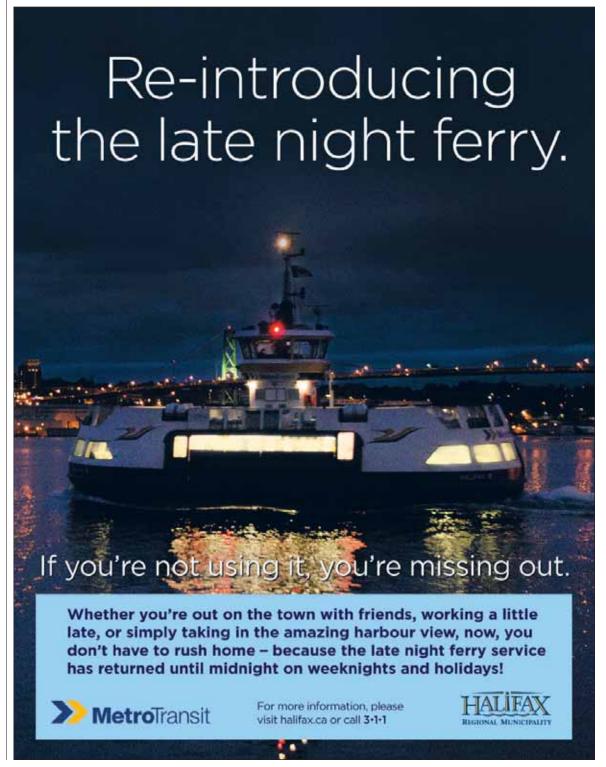
Another German contingent, the German Artistic Cycling Team, brings champion cyclists to wow crowds with their athletic and artistic routines.

Many marching bands will cross the floor of the Halifax Metro Centre, including the Stadacona Band of Maritime Forces Atlantic and Land Force Atlantic Area Band.

The Navy, Army and Air Force will compete against each other in a gruelling two-minute obstacle course. The famous Gun Run will get a twist this year with an 1813 setting to mark the capture of the Chesapeake.

The Tattoo runs from June 30 to July 7.





Local chefs dig into fresh summer fare

JON TATTRIE

Summer dining in Halifax offers some of the city's freshest, tastiest treats. For many chefs and restaurateurs, it's also a chance to show off what's possible with a locavore diet.

At the Wooden Monkey,

general manager Matt Gass is excited about a new fruit finding its way into many of his dishes: The haskap berry. The oblong, blue berry is described as tasting between a blueberry and raspberry. Gass is getting his from the south shore's LaHave Forests, one of the few suppliers in Canada.

"Their company is going to blow up pretty soon.

Buv local

"We believe in a true local-living economy and doing everything we can to support local people."

Lil MacPherson, Wooden Monkey co-owner

There's already a crazy demand," he said. "We've got a haskap chutney we serve with pork tenderloin and we

incorporate it into some of our desserts."

The haskap crisp is an especially pleasant summer treat.

The other summer food Gass is excited about is Arctic char. Farmed near Advocate, N.S., it offers a sustainable product tasting between salmon and trout.

Lil MacPherson, the restaurant's co-owner, says sourcing foods locally is a core principle at the Wooden Monkey's Halifax and Dartmouth locations.

"We believe in a true localliving economy and doing everything we can to support local people," she said.

Chef Craig Flinn of Chives Canadian Bistro has a hard time picking his favourite summer treat. His personal menu tends to overlap with his professional one.

Strawberry shortcake is chef Craig Flinn's, of Chives Canadian Bistro, top sweet during the summer, MSHELDRAKE/VEER

"First of all, everything in summer goes on a barbecue with me. A perfect hamburger is hard to beat, but my new favourite is to slow smoke a pork butt roast for pulled pork," he said.

"I like to serve it with a sweet corn succotash made with shelling peas, shucked corn, and lots of bell peppers from my garden."

Strawberry shortcake topped with ice cream is his top sweet.

On those hot summer days, take advantage of some of Halifax's waterfront restaurants. Pull up a chair at Salty's and enjoy the great food — and the great views of the waterfront.





metronews.ca Thursday, June 20, 2013 SUMMER FUN 19



Celebrating diversity

Experience. Annual Multicultural Festival features more than just tasty food

RICHARD WOODBURY

The Multicultural Festival has long been revered for its food. It's a label the organizers are hoping to shed somewhat.

"In the past, our festival has been known for fantastic food," said festival co-ordinator Kate Ellis. "This year, it will be known for a fantastic experience."

There are a number of changes this year, one of which is a new health and wellness pavilion. This will cover international methods for healing the mind, body and soul. The pavilion will showcase fitness, nutrition,

beauty, medicine, spiritual healing and more.

Also new to the festival is a Mongolian yurt, a sort of round-style tent. It will be used to house the Children's Pavilion during the day and will include activities, arts and crafts, music, song and dance.

"At night, the yurt turns into an adult show," Ellis said. "We have Pink Velvet Burlesque and Cabaret Serpentine in there, so that's really exciting."

One final change is in the way the festival showcases its cultural displays. Traditionally, the displays were located in two large tents. This year, it is being turned into a market-style expo, which is something similar to what one would see in an international market.

"That gives it more of an interactive feel," Ellis said.

As always, the event will feature dance and music workshops, and great music-

al performances. One of the headline performers this year is singer/songwriter Don Amero, who will be performing on Saturday at 9 p.m. He is a Juno-nominated Métis artist from Winnipeg.

Other performers include Squid, Gabriel Minnikin, Asif Illyas and Dusty Keleher.

This year's three-day festival will run from Friday to Sunday. The festival is located at the Halifax Seaport, near Pier 21. The entry cost is \$7 for general admission, \$6 for seniors and children younger than 12 are free.

Usually, the festival attracts around 18,000 visitors over the course of the weekend.

"This year, we are hoping for more," Ellis said.

"The festival is bigger and better. We have more room, more exhibits, more food vendors and more entertainment, so, hopefully we'll hit that 20,000 mark."









No excuse for a lazy summer

Listings. Numerous events will keep you hopping around the area for next few months

RICHARD WOODBURY

For Metro

Halifax is a busy place in the summertime and there isn't a shortage of things to do. Here are some options that are sure to be a hit.

- OUTeast Film Festival June 20-23. The festival "presents the very best in queer independent cinema from around the world," says its website.
- Multicultural Festival June 21-23. The festival attracts more than 600 artists and performers from many diverse cultures.
- Bedford Days June 27 to July 1. This popular festival celebrates both Bedford and Canada.
- Canada Day July 1. Check out hrmcanadaday.ca to find out the full list of events happening on this historic day.
- Royal Nova Scotia International Tattoo June 30 to July 7. The annual celebration features marching bands, musicians, acrobats, dancers



Reuben dotdotdot will be on hand for the Halifax International Busker Festival. CONTRIBUTED

and military competitions.

- Shakespeare by the Sea June 30 to Sept. 3. Snow White, Hamlet and Much Ado About Nothing are on the schedule for the outdoor theatre festival this year.
- Manulife Dragon Boat Festi-

val — July 6. This fundraiser for the Nova Scotia Amateur Sport Fund features teams of 20 people (plus a drummer) paddling dragon boats.

• Lebanese Festival — July 11-14. Experience Lebanese culture at the Olympic Community Centre.

SRAP

Queer Acts Theatre Festival
 July 18-21. Atlantic Canada's first LGBTQ theatre festival runs alongside Halifax

• Halifax Pride — July 18-28. The Pride Parade is the fourth largest of its kind in Canada.

• Georges Island Open House

— July 20-21. Tunnel tours
and an 1812 encampment are
part of the fun.

Halifax International Busk-



"Equality for All "

er Festival — July 31 to Aug. 5. A great Halifax tradition that also happens to be free.

Voya Scotia Rainbow Action Project

• alFresco filmFesto — TBA. Imagine films screened outdoors in a waterfront setting and you have just described the alFresco filmFesto.

• Bell Aliant Natal Day Fes-

tival — Aug. 1-5. Celebrate Halifax's birthday with this five-day festival.

• Halifax Seaport BeerFest — Aug. 9-10. More than 200 local, regional and international beers will be available for sampling at this festival.

• Legends Cup — Aug. 12. A

pro-tennis exhibition featuring Jim Courier, a former world No. 1-ranked tennis player.

- SandJam Halifax Aug. 15-18 — A professional beach volleyball tournament taking place on the Halifax waterfront.
- Clam Harbour Beach Sandcastle Competition — Aug. 18. Show off your creative side at this annual competition.
- NBA 3X Canada Sept. 8-9. Get your team together for a three-on-three basketball tournament.
- Cyrus Sept. 21. Celebrate the end of summer with a performance by noted hypnotist Cyrus at Casino Nova Scotia.



metronews.ca
Thursday, June 20, 2013

SUMMER FUN 21

Online hub. Your local guide for fun

JON TATTRIE

HRMParent.ca is fast becoming the all-encompassing online hub for families in the Halifax area.

Sarah Williams bought the site three years ago with her husband Sean and friend Meghan Collins.

"We were all active users of the site before we bought it. The woman who owned it was going to close it down ... and we just jumped in with all three sets of feet," she said with a laugh.

Williams, a mother of two little girls, recently left the corporate world to devote more time to the site.

Its Facebook page regularly lists upcoming events, parenting tips, or questions from its 3,000 members. The Twitter feed shares timely advice and safety issues, while its blogs and Pinterest account spread craft, science and parenting tips. The site also has book reviews, an events calendar, ideas for road trips and summer camp suggestions.



The daily blog covers a range of topics from Halifaxarea parents and local familyfriendly businesses like the Discovery Centre and Dalplex. HRMParent has a regular mom blogger and just

started publishing a new dad blogger.

Williams says one of the site's most popular features is the weekend wrap-up.

"While our event calendar is quite full, we tend to pick

five or six specific events each weekend and post a blog on that as our weekend wrap up."

This summer, the Ross Farm Museum is a popular day trip. In the city, parents and kids are excited about the Jazz Festival, the Greek and Lebanese festivals, and the Multicultural Festival. A perennial favourite is the Halifax Regional Library system of events ranging from

Weekend wrap up

"While our event calendar is quite full, we tend to pick five or six specific events each weekend and post a blog on that as our weekend wrap up."

Sarah Williams, from HRMParent.ca

puppet shows to reading programs, which are ideal on rainy days. HRMParent scours the museum and centre listings to pick the best upcoming events.

It also crowd sources answers to parenting questions like a recent Facebook post on behalf of a member looking for camp ideas for a teenage girl, or another asking how to get a child to stop using a soother.

Williams says she is working to bring more events, more content and more blogs to the site. She also wants to bring HRMParent offline by having a presence at real-world events.



metrem 22 SUMMER FUN metronews.ca Thursday, June 20, 2013

Take a mid-summer break for theatre

Shakespeare by the Sea. Troupe stages shows in Point Pleasant Park's Cambridge Battery

JON TATTRIE

Shakespeare by the Sea is celebrating its 20th season with one of the Bard's greatest plays, along with comedies, musicals and a dark fall's tale.

SBTS stages shows outdoors in Point Pleasant Park's Cambridge Battery and, in case of rain, inside its refurbished Park Place Theatre in the lower parking lot.

The season opens June 30 with the all-ages re-imagining of the classic fairy tale Snow White.

"It will be a musical take on the classic story from the team that brought you Robin Hood and Alice in Wonderland," said SBTS founder Elizabeth Murphy.

Directed by Jesse MacLean and composed by Jeremy Hutton, the cast features Shakespeare by the Sea favourites

Hamlet

"We are pleased to welcome Stratford veteran and frequent Neptune performer Ian Deakin to the 2013 company in the role of Claudius."

Elizabeth Murphy, Shakespeare by the Sea founder

Tom Gordon Smith and Kathryn McCormack, along with a host of returning actors — Marty Burt, Kimberley Cody, Sebastien Labelle, Emma Laishram, Drew O'Hara, Simon Rainville, Riley Raymer and Jacob Sampson.

On June 6, the second play opens — Shakespeare's Hamlet. It's also directed by Maclean and stars Rhys Bevan-John in the title role.

"We are pleased to welcome Stratford veteran and



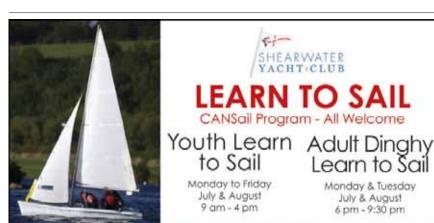
frequent Neptune performer Ian Deakin to the 2013 company in the role of Claudius," Murphy said. "Featured in the cast are Marty Burt as Polonius, Emma Laishram as Ophelia and Kimberley Cody as Gertrude."

Things take a funny turn on Aug. 2 with Shakespeare's evergreen comedy Much Ado About Nothing. Murphy is directing this one herself and it boasts a cast including McCormack as the sharp-witted Beatrice, Hutton as the determined bachelor Benedick, O'Hara as Claudio and Raymer as Hero. Also in featured roles are Deakin as Don Pedro, Burt as Leonato and Labelle as Antonion. Rainville will play the evil Don John, Bevan-John is Dogberry and Gordon Smith plays Verges.

The fall show, running Oct. 19 to Nov. 4, is the horror classic Jekyll & Hyde.

You can guarantee yourself a good spot this year by paying in advance. The usual suggested donation is \$20; if you pre-donate \$25 SBTS will reserve the best seat in the house for you. For further information, go to Shakespearebythesea.ca.





For details and registration visit us at SWYC.CA or call 469-8590. 10% discount for military families and their dependents



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Happy birthday to us

Natal Day. Annual festival celebrates city's birthday from July 31 to Aug. 5

JON TATTRIE

The Natal Day Festival is back with a new name and a tighter partnership with the Busker Festival that will see celebrations circling the waterfront.

Tim Rissesco, chairman of the festival that runs from July 31 to Aug. 5, says Bell Aliant is the new title sponsor.

"It's an exciting partnership. It gives us the potential to broadcast some of our events, like the parade or a concert, on their community channel or website."

Events will be held on the Halifax and Dartmouth waterfronts, the Halifax Common, the Public Gardens, the Hydrostone Park, Casino Nova Scotia, Sullivan's Pond and Lake Banook, among other spots.

The festival opens July 31 at the Grand Parade (noon to 2 p.m.) with free birthday cake. This year marks the 50th anniversary of the Na-

vy's iconic Sea King helicopter and Natal Day will help it celebrate.

Events on the Halifax side will be integrated with the Busker Festival, which condensed itself into five days and moved its dates to overlap with Natal Day.

"It makes Halifax the place to go for the long weekend," Rissesco said.

Rissesco is especially excited about the Mayor's Garden Party from 1 p.m. to 5 p.m. on Aug. 4 in the Public Gardens. Local musicians will perform, music will

emanate from the fountains and magicians, while Care Bears and other kids' activities will entertain visitors.

"We're going to animate the garden in a way people haven't seen in a while," he said. "It'll be the largest public garden party in the Public Gardens in perhaps a generation."

In Dartmouth, Ferry Terminal Park will host the Kiwanis Mother Goose Festival on Aug. 3 (10 a.m. to 2 p.m.) and that night will feature a free Joel Plaskett Emergency show at Alderney Landing

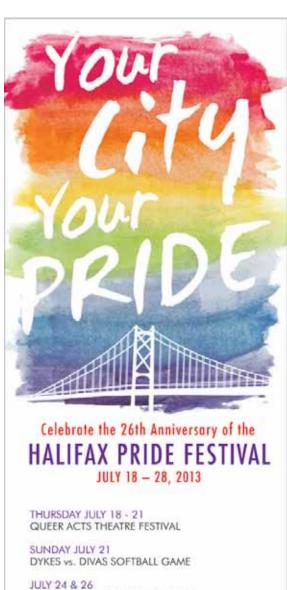
(starting at 5:30 p.m.), followed by the big bridge fireworks.

On Aug. 4, the Halifax Common will host a gospel concert, urban concert and fireworks from 1-9 p.m.

The Grand Street Parade will start on Aug. 5 in the Hydrostone at 10 a.m., crossing the bridge and ending in a Pirates' Party at Sullivan's Pond.

It all ends with the Lake Banook fireworks on Aug. 5 (about 9:45 p.m.), continuing the 118 year tradition





JULY 24 & 26 OUT BOATING HARBOUR CRUISES

THURSDAY JULY 25 SONGWRITERS' CIRCLE

FRIDAY JULY 26 OUT DANCING

SATURDAY JULY 27 26TH ANNUAL HALIFAX PRIDE PARADE

SATURDAY JULY 27 MAIN STAGE CONCERT & COMMUNITY FAIR

SATURDAY JULY 27 WETSPOT



For a complete list of events visit HALIFAXPRIDE.COM



Tours. Spend a day on the ocean

JON TATTRIE

Canada's Ocean Playground offers plenty of chances to see whales and other aquatic wildlife with a short trip from downtown Halifax.

Murphy's the Cable Wharf offers passage from down-

town to Chebucto Head.

"The whales don't come too far into the harbour, so we go out to meet them," said spokeswoman Angela Malec. Guests see minke whales,

fin whales, dolphins, seals, tuna, sunfish and a variety of seabirds. The tour includes a nature guide who will tell you about the natural history of the area during the cruise.

"It's a great tour that encompasses a lot of things about the wildlife and nature that you might see in Halifax Harbour," Malec said. "All of the commentators we have on the boat are students, usually in marine biology, so they're trained naturalists."

Guides also offer insight

into the harbour's human

"People are going to learn about the Halifax Explosion, they're going to learn about the lighthouse on Georges Island, they're going to learn about Hangman's Beach on MacNabs Island," she said.

Mid-journey, crews haul up lobster traps so you can see how they operate.

"It's very cool. Our captain and crew will actually pull up a lobster trap. We'll explain how the lobster industry works and let people hold the lobsters to take pictures — once we band them, of course, so they don't pinch anyone."

The lobster likes it, too, since it is returned to the ocean instead of a pot of boiling water.

The boat has a cash bar to entertain adults, while the touch tank with local creatures like starfish delight kids, along with the Marine Zone with short movies and

The 2.5-hour tours depart Murphy's three times a day, depending on demand.

books about the ocean.

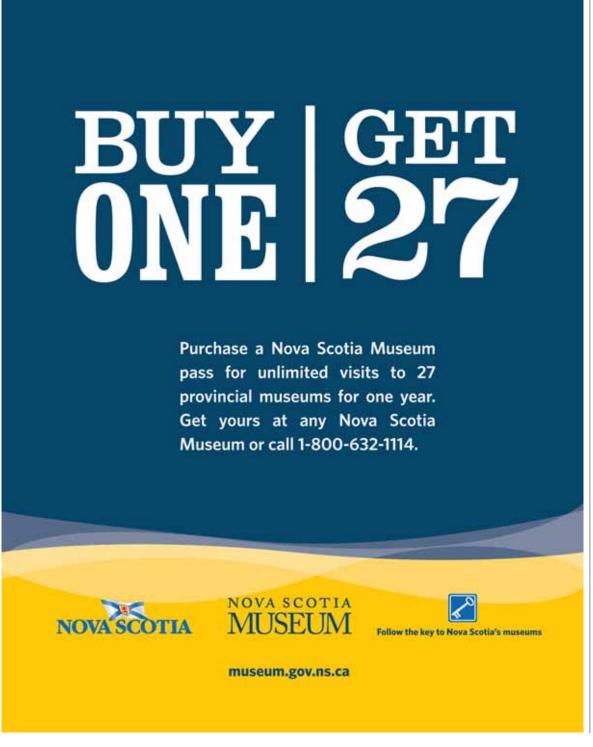
If you start your day with a visit to Fisherman's Cove, you can join an A&M CharHistory

"People are going to learn about the Halifax Explosion, they're going to learn about the lighthouse on Georges Island, they're going to learn about Hangman's Beach on MacNabs Island."

Angela Malec, Murphy's the Cable Wharf spokesperson

ters whale-watching trip. Like Murphy's, it sails to Chebucto Head to see nature's giants in action.

The water is usually calm enough to avoid nausea, but concerned travellers can call ahead to see what the conditions are for that day.





metronews.ca
Thursday, June 20, 2013

SUMMER FUN 25



National Historic Sites provide link to our past

Halifax's history. Halifax Citadel, Pier 21 and Georges Island are just a few places to check out

RICHARD WOODBURY

For Metro

While Nova Scotia may be one of Canada's smallest provinces in terms of its history, Nova Scotia more than holds its own. In fact, the city of Halifax has 35 National Historic Sites, while the province has 87. To put this in context, there are 970 National Historic Sites across the entire country.

The most prominent National Historic Site in Halifax is the Halifax Citadel. Potential activities include watching the noon-hour firing demonstration, taking a walking tour or viewing an exhibit.

Construction on the current Citadel began in 1828 and took 28 years to complete, a far cry from the six

years it was envisioned it would take, says Parks Canada's website.

While the fort never saw battle during the First World War, it served as a barracks for soldiers, as well as a command centre for the defence of the Halifax Harbour.

During the Second World War, it was another National Historic Site that played a critical role in the war effort as 500,000 Canadian military personnel departed abroad through Pier 21.

Pier 21 also played a vital role as an immigration gateway. Between 1928 and 1971, one million immigrants entered Canada through Pier 21.

The site is also home to the Canadian Museum of Immigration at Pier 21, which is Atlantic Canada's only national museum.

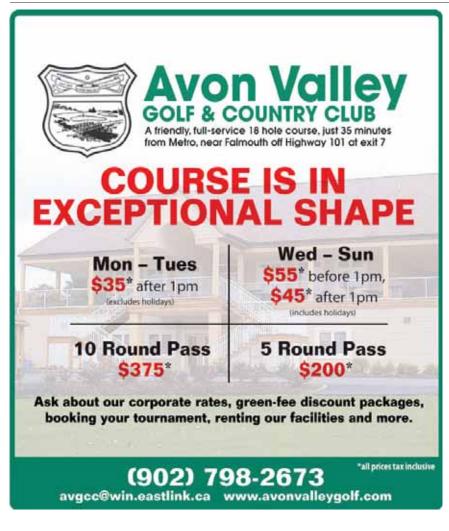
The museum features both temporary and permanent exhibits and offers guided tours.

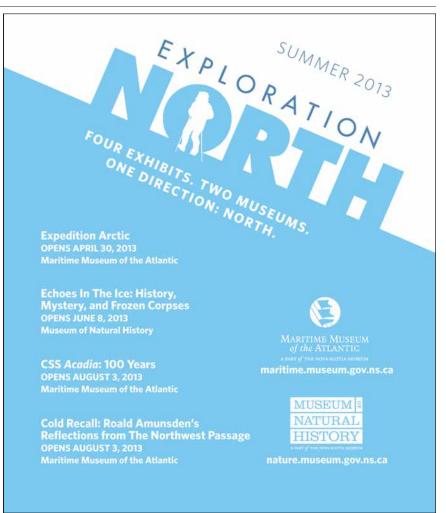
The Fort McNab National Historic Site is found on McNabs Island and "served as a gun battery and as the gatekeeper of Halifax Harbour" for three-quarters of a century, beginning in the late 1800s, says Parks Canada's website. For the First and Second World War, it checked ships to ensure they were not a risk to port security.

Today, it is possible to access McNabs Island via a private boat, ferry or chartered boat.

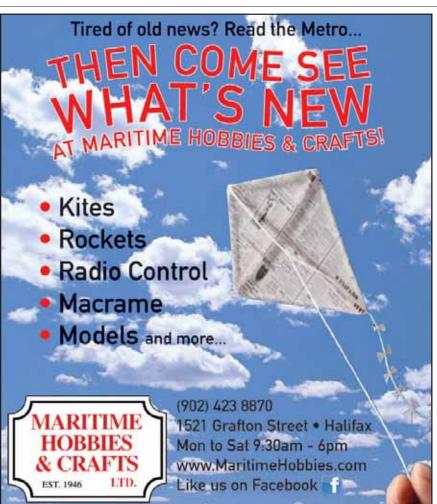
One other National Historic Site, Georges Island, is a little trickier to access since it is not open for general visitation.

However, it opens for special events, such as The Smirnoff Red Door Island Party, a music festival happening July 27-28.









Beauty of nature

RICHARD WOODBURY

There isn't any shortage of parks in HRM. In fact, the city says there are more than 450 parks, with each one offering different amenities and services.

This raises a good question — how do you decide which park to visit?

A good strategy is to start with the city's website (halifax.ca), which lists a few of the city's major parks. An added bonus is that the site has information about parks where dog owners are allowed to let their dogs off leash.

The five off-leash parks in HRM are Shubie Park, Fort Needham Memorial Park, the Dartmouth Commons, Sandy Lake Park and the Hemlock Ravine Park. Each of the off-leash parks have specific restrictions, so it's best to check out the website to find out what the specific restrictions are.

One of Halifax's bestknown parks is the Public Gardens. Measuring 16 acres in size and situated in the heart of Halifax, it is an example of a Victorian Garden. Just be sure to stick to the



walking paths since visitors aren't allowed on the grass at this National Historic Site.

Halifax's other best-known park is much more flexible about how people can use the space. Popular with runners, cyclists, dog lovers and walkers alike, Point Pleasant Park is a 185-acre park located where the Atlantic Ocean meets the Northwest Arm. To learn more about the park's ecology, culture and history, you can take a self-guided tour by scanning the QR codes at 13 numbered markers.

Another way of experiencing Point Pleasant is through Shakespeare by the Sea, the summertime live theatre

festival. It operates on a paywhat-you-can basis with a recommended donation of \$20 per person.

For parks operated by the provincial government, visit novascotiaparks.ca. You can click on different regions of the province to find out more detailed information about what parks are in the area, including whether it is meant for day use only or if it's a camping park.

One popular provincial park is Lawrencetown Beach. Popular with both beachgoers and surfers, 200 metres of the 1.5-kilometre stretch of sand is supervised by lifeguards, says the website lawrencetownbeach.com.

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Thursday, June 20, 2013

SUMMER FUN 27

Brighten up grey days with these activities

RICHARD WOODBURY

While rainy weather might dampen one's spirits during the summer, that doesn't mean you can't go somewhere and still have a good time.

The Discovery Centre will be launching a new exhibit soon, which will be the first of its kind for the centre.

"Usually, we have travelling exhibits come in for four to six months at a time," said marketing co-ordinator Hayley Thomas.

For TANKED: An Atlantic Aquarium Exhibit, the centre will be designing and building its own feature exhibit showcasing a variety of Atlantic Ocean marine life.

The exhibit will feature four saltwater tanks, as well as touch tanks that will allow visitors to get up and close with our Atlantic Ocean friends. There will also be

Exhibit

"For TANKED: An Atlantic Aquarium Exhibit, the Discovery Centre will be designing and building its own feature exhibit showcasing a variety of Atlantic Ocean marine life."

3-D and HD movies as part of the exhibit.

"It's going to be quite the splash once it gets underway," Thomas said with a laugh.

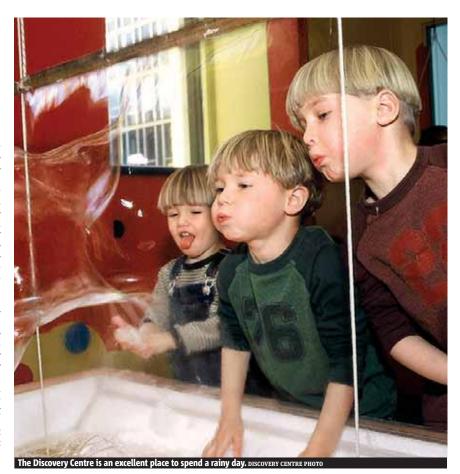
Another family-friendly option is The Putting Edge, located in Bayers Lake. While mini-golf is thought of as an outdoor game, Putting Edge takes the action indoors and gives it a twist. The lights are turned down and the music is turned up "to create an 18-hole fantasy land of vibrant

colour and surreal themes," says its website. Putting Edge also has an arcade that dishes out tickets that can be redeemed for prizes.

While reading may be what comes to mind at a branch of the Halifax Public Libraries, it also puts on many programs specifically targeting different demographics. Some activities currently being offered include board games, making picture frames, as well as an art club. For a full listing of what's happening, check out halifaxpubliclibraries.ca.

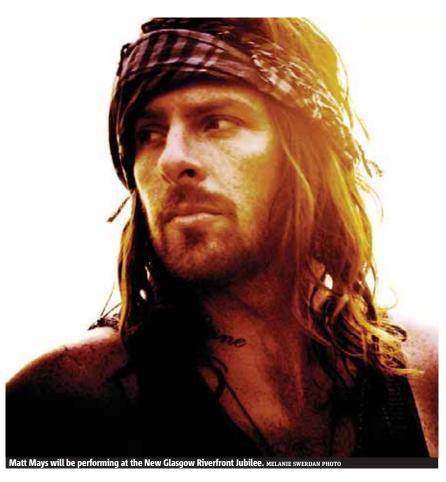
People looking for a hightech game of tag will be thrilled to discover indoor laser tag at Alpha Strike Laser Tag in Burnside. Its website is offering a Canada Day special where game passes will be just \$5 per game, a \$2 saving over the regular price.

One final option is just to go and see a movie. At Empire Theatres, Tuesday is cheap night.





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les traditions Semaine 8: O, O, O dans l'eau!

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Listen to the music

WOODBURY

For people who aren't content to listen to just one or two bands perform at a concert, the festival is the preferred option. Across the province, there are a number of festivals taking place that will appeal to people with a variety of musical tastes.

The TD Halifax Jazz Festival will run from July 5-13. Despite the name, the festival brings much more than the sweet sounds of jazz to Halifax. It features a diverse range of music, including blues, Latin and world. The Wailers, the iconic reggae band, will be appearing at this year's

Georges Island plays host

to an unusual gathering July 27-28. The National Historic Site located in the middle of Halifax Harbour will be the setting for a two-day music festival called The Smirnoff Red Door Island Party. Some of the bigger acts for the 19plus event are The Trews and Classified.

The Dutch Mason Blues Festival scored a real coup when it was announced it will play host to The Blues Brothers (Dan Aykroyd and Jim Belushi). The three-day festival runs from July 9-11 and takes place in Bible Hill, near Truro.

People looking for something of a non-traditional music festival should check out Evolve, a festival in Antigonish that bills itself as "an annual three-day summer celebration of music, culture and social awareness." Evolve also plays host to workshops devoted to personal wellbeing and environmental awareness. Headliners include Xavier Rudd, Classified and Skratch Bastid. The festival begins July 19.

The New Glasgow Riverfront Jubilee will feature a mix of local and national headliners with artists such as The Sheepdogs, Great Big Sea and Matt Mays. The 18th annual festival will run from Aug. 2-4.

For the folk music lover, the Folk Harbour Festival in Lunenburg is Nova Scotia's longest-running folk festival. Taking place from Aug. 8-11, the headliners include local favourites like Old Man Luedecke and David Myles.





metronews.ca Thursday, June 20, 2013 **SUMMER FUN**

Outdoor discovery

Camping. Nova Scotia offers many options for the family to get away from the city for awhile

RICHARD WOODBURY

Camping is all about enjoying the outdoors and, for city dwellers, it's about getting away from the bright lights of the city.

According to Nova Scotia's tourism website, there are more than 120 provincial parks, roughly 130 privatelyoperated campgrounds and two national parks from which to choose.

It's important to keep in mind that not all of these sites will offer the same services, so while some might accommodate RVs and trailers, others may not. For this reason, you will have to do your research before making a decision.

To figure out where to go, there are a few helpful resources to help narrow the search.

For provincial parks, novascotiaparks.ca has a listing of options. These are listed by location and each listing has its own page, which includes information such as the facilities and services, directions, as well as a brochure.

If you are looking to go to a privately-operated campground, a good resource is the Campground Owners Association of Nova Scotia website, campingnovascotia.com. On this site, it is possible to search for a campground by



from which to choose. There are also a few helpful online resources to help narrow the search. NOAM ARMONN/VEER

region or town or by using an interactive map.

Another helpful resource on the site is the campers guide, which includes a sideby-side comparison of the features and services available at different campgrounds and RV parks. This comparison covers features such as the

maximum amperage available and if there is swimming access available (and what type it is, such as lake, ocean, river, etc.).

One final camping option are national parks Kejimkujik and the Cape Breton Highlands.

For people looking to

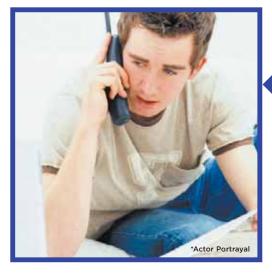
take the plunge, Nova Scotia Provincial Parks is offering a program called Learn2Camp. Taking place July 6-7, the program is limited to 16 families and will take place at Smileys Provincial Park in Brooklyn, which is close to Windsor.

The program will cover the fundamentals of camping, including how to set up and break a camp, start a camp fire and cook outdoors.

Participants will also have the choice to participate in a fishing or gold panning work-

Learn more about this unique offering at novascotiaparks.ca/learn2camp/.

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metr⊕ **SUMMER FUN**

Fisherman's Cove. A fun and easy day trip

TATTRIE

Fisherman's Cove is a little piece of the past tucked along the shore of Halifax Harbour. The Eastern Passage community's mix of shops, crafts and colourful characters make it feel like an 1880s fishing village. It's a fun, easy day trip from downtown Halifax.

Fisherman's Cove was once merely a fishermen's cove, but the decline of the industry saw the busy fishing port reduced to a shadow of its former self. In the late 1990s, residents decided to revive it as a hybrid working fishing village and tourist attraction.

Today, the harbour is once again busy with fishing vessels and pleasant boardwalks dotted with shops offering food, drink and souvenirs. Dockside Treasures is the first shop most people reach and it sells local books, art, crafts and plenty of mementoes. At the other end of the village, Just Browsing offers similar wares, with a focus on crafts.

The Fisherman's Cove Gal-



lery is a small gallery run by a local artists' co-operative. The walls are full of sunsets, waves and wildlife and if you

find a piece you like, there's a decent chance you will buy it from the artist themself since the gallery is staffed by the

artists on a rotating basis.
For food, the Boondocks Lounge and Dining Room is one of the bigger spots in the

village, anchored on the other end by the Wharf Wrap Restaurant and the Passage Ale House. In between are more

- Visit St. Andrews Church, which was first built in 1850 and rebuilt in
- 2 Swim at MacCormack's Beach.
- Visit on a Thursday evening for Bike Night, when Halifax's motorbike enthusiasts gather.
- Grab a cone at What's 4 the Scoop.
- Enjoy delicious hot drinks, snacks and amazing views at the friendly Coffee Tea & Sea.

intimate spots like Paige's Place Restaurant and a handful of ice cream parlours.

For the more adventurous, A & M Sea Charters provides whale watching voyages from the Cove. Departing daily at 5:30 p.m., operators guarantee that you will see a whale, or your next trip is free.

















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Proud to continue a colourful tradition

RICHARD WOODBURY

If it ain't broke, don't fix it. That's the approach organizers are taking with this year's Halifax Pride festival. Last year marked the 25th festival and organizers are mostly looking to build on its success.

One notable change will involve the Outdancing party, an outdoor dance party that will be held July 26 at the Garrison Grounds. In the past, the event was DI'd.

"This year, we are featuring a headliner at our Outdancing party," said Adam Reid, the communications co-ordinator of Halifax

The name of that headliner will be revealed Monday.

Parade Grand Marshal

The Grand Marshal of this year's Pride Parade will be announced Monday, but Halifax Pride's communications co-ordinator is very excited about the upcoming announcement. "We're very proud of this person," Adam Reid said. "They are a really active member of the community. We can't wait to let everybody know who that will be."

Halifax's Pride Parade is the country's fourth-largest Pride celebration, a remarkable feat given Halifax is certainly not the fourth-largest city in the country. Asked why this is the case, Reid offers up a few thoughts.
"I think there are a lot of

"I think there are a lot or reasons for it," he said.

These reasons include the fact Halifax is a Maritime hub. Because of this, it attracts a lot of LGBT (lesbian, gay, bisexual and transgender) people to move to Halifax because they feel they will find a sizable LGBT community here.

Reid says another factor is Halifax's young population, which, in part, stems from the numerous universities found here.

Another reason for its success is the diversity of the activities that take place during Pride.

"We do our best to offer a wide variety of events," Reid said, noting the LGBT community is a diverse community with diverse interests so the events must eflect that.

Besides the parade, other activities include a boat cruise, lectures, a softball game and a theatre festival.

This year marks the fifth year for the Queer Acts Theatre Festival

"It's another great event where we celebrate the arts and the creative minds of the LGBT community," Reid said.

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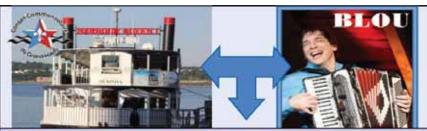
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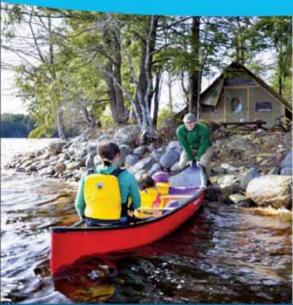
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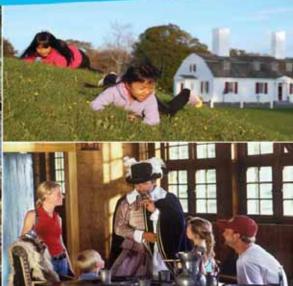
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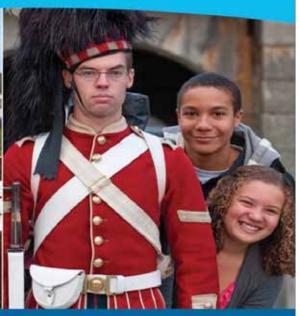
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VOICES

IT'S BEAN THE ONLY REMEDY

Damn you, Charles Darwin.

My back hurts all the time and its origin is you. If it weren't for evolution, I'd be on all fours, with my spine on the straight and narrow. Instead, I'm upright, crooked and twisted, all the weight of the world (and evolutionary history) on my lower back.

Or if the creationists are right, then God has a Robaxacet doll that he keeps sticking needles in

But it's probably Darwin.

I would have been so much happier as a spineless, lower form of life, like a slug or a personal-injury lawyer. Instead I'm the guy at the far right of the March of Progress illustration, the one holding the small of his back, with a speech bubble that says "%&\$#?@!'

My injury is particularly pathetic. Not only was I not exerting myselfin any way, I wasn't even doing something embarrassing like reaching for the remote or picking up a dropped Cheeto. I was asleep.



John Mazerolle

metronews.ca

I woke up, possibly from the sound of my back screaming at me, and suddenly my life was bags of frozen green beans, kneeling to look in the fridge, and attempting to put socks on without using my hands.

Back pain is the most ignoble of all injuries too painful to be ignored, but not dramatic enough to be pitied.

There are no songs sung about heroes who suffered through lumbago, no Hollywood films where an ingenue dies because of a cruel twist of torso. Its place in popular culture is to show you how much of a buffoon a sitcom dad is - oh, his aching back!

Four out of five adults suffer occasional back pain — so all the dentists, if I understand statis-

tics — which means you get no sympathy for your pain, only stories of much worse back pain, possibly due to the bigger fish they were reeling in that got away.

You can't even show it off, like a scar or a broken leg. It's completely hidden, beneath that frozen bag of green beans. (I find

peas too uncomfortable.)

Long story compacted, I'll have to do something to fix it, lest I never twerk again.

What do the experts say I need?

- Good body mechanics: I didn't even know there were body mechanics. I assume you get on a lift of some sort for a few days while he/she checks you out and you're good to go? Of course, they'll find something else wrong and charge you for it, but that comes with the territory. "Your back's good, but we had to replace your duodenum. It was making weird noises.
- "Let your legs do the work": All the advice columns say this, but it doesn't work. I've left a bunch of stuff for them to do, yet my books remain unbalanced and my dishes remain unwashed. I think they're lazy.
- Neutral Pelvic Position: I bought their new album, but frankly they were better at Coachella.

As this list makes clear, it will be no time before I've gone from a young man whining through back pain to a young man who has come to understand he will always have back pain. Or as Darwin once put it: "%&\$#?@!"

ZOOM

A little (tweeting) bird will tell you



Royal couple will be traditional and trendy with announcement

With Prince William and the **Duchess of Cambridge** expecting their first child in mid-July — and much of the world interested in the birth of a future

monarch — the royals' office has released some of the couple's plans.

There will be a mix of tradition and new social media to announce the birth. Officials said a royal aide will emerge from the hospital with a signed bulletin on foolscap-sized paper carrying the Buckingham Palace letterhead. The bulletin will be given to an official who will be driven to the palace, where it will be posted on an easel in public view in front of the building.

At the same time, there will be an announcement on Twitter.

THE ASSOCIATED PRESS

Boy or girl?

Royal officials can't say whether it's a boy or girl — and it's not because they are being coy, it's because Kate and William have not found out - and don't plan to.



With rumours swirling that Facebook is set to announce video for Instagram, avoiding videos of cats, cupcakes and concerts will be nearly impossible. So why fight the inevitable? Embrace the filtered vids and start posting your own. But in case the rumour mill doesn't produce, here are some video-sharing sites already on offer:

Socialcam:

One of the first video-sharing apps with filters — think of Socialcam as Instagram video's older brother (or would that be father?). Available for iPhone and Android

Cinemagram:

Also has the options of adding filters, but with added tricks like



@metropicks asked: According to Metro's Paul Sullivan, tipping should be optional. What do you

@Richard_Dew: Tipping IS optional. No gun to your head. Also optional for people to think you're a cheapskate for not tipping.

@FrenchmanCanada: I know a couple places where the "You didn't dip, next time I'll spit in your food" will never be optional.



dding masks, playing videos back wards. in slow mo or on high speed. Available for iPhone and Android.

Before Vine, there was Viddy. But while Vine gives users a six-second time limit, Viddy lets you record for up to 30. Available for iPhone and Android

@serpentina66: I'd rather see servers pd more than deciding a tip. Mgrs should b responsible for good servers; customers shouldn't pay more for expected service; it's awkward for cust to deny tips for poor service.

@instakrystal: I never feel obligated to tip. If you're a good server and earn it, you'll be rewarded. My tips are dependent on experience.

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VE WANT TO HEAR FROM YOU: end us your comments: halifaxletters@metronews.ca



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Get in on the OUT festival

Event. Second annual OUTeast Film Festival set to spread a little sparkle throughout Halifax this weekend



BACKSTAGE PASS Jenna Conter halifax@metronews.ca

After an overwhelming show of support for their first season, the OUTeast Film Festival is loud and proud to be celebrating the community for their second year.

Sparked from the idea of branching out from the Atlantic Film Festival back in 2010, Andria Wilson wished to lend the LGBT community their own platform to celebrate their unique voice and point of view when it came to film, art, and culture.

"We wanted the community to have some avenue by which to relate and identify with through watching films that you can relate to and identify with and talk about it," said Wilson, the festival's director. "It's important to be able to focus and create that sense of community with a smaller

Details

What you need to know

- What: OUTeast Film Festival
- When: Thursday through Sunday
- Visit: outeastfilmfest. com for complete event details





Screen shot from the hit comedy G.B.F., (Gay Best Friend) that is being shown on Saturday. The film recently sold out at Toronto's Inside Out and NYC's Tribeca

festival."

The festival, which starts on Thursday night, isn't limited to works on screen. Thursday's launch includes an exhibition opening for Canadian artist Benny Nemerofsky Ramsay.

Hösted in the Khyber's Turret Room, originally one of Halifax's first gay bars, the work includes a video, a sound-based piece — that includes a component that pays tribute to the late Raymond Taavel, a prominent member of the Halifax gay community that was killed in April of 2012.

This year's film program

Party hardy

"It's all about the experience of going to the festival. You can go to Neptune and see the screenings, and go to the Khyber and have a different experience and then you can go out to a party."

Andria Wilson

includes documentaries that cover gay rights and freedoms from as far away as Uganda, with God Loves Uganda, directed by Academy Award Winning Roger Ross Williams.

There is also local film-

maker, and "work in progress" mentorship program selection, Stephanie Young's timely documentary covering the controversial role of transgender rights and health care.

"We love what we have cre-

ated and our goal is to keep it rooted in the community.

In the next five years, we want to increase our investments in local and Canadian film makers — we started that with our work in progress mentorship program, work with other young artists and get into the schools," said Wilson of the future hopes for the festival

"We look to create a culture here that doesn't just want to see these films but have an invested interest in creating them, creating our culture and preserving our stories."





Sopranos star James Gandolfini dies at 51

James Gandolfini, who won three Emmys for his role as Tony Soprano on HBO's The Sopranos, reportedly died in Italy Tuesday after suffering a heart attack, TMZ reports.

Gandolfini, who was 51, was in Italy to attend the 59th Taormina Film Festival in Sicily.

He first garnered fame

True Romance. But it was his role as the brash, troubled mob boss Tony Soprano that earned him legions of fans of the six-season HBO series.

Gandolfini is survived by his wife, Deborah Lin, who gave birth to the couple's daughter in October.

He has a teenage son from a previous marriage.

Katy Perry can't stay away from the fireworks

For her first appearance on the cover of Vogue, Katy Perry isn't holding much back, especially about her split from ex-husband Russell Brand. "Let's just say I haven't heard from him since he texted me saying he was divorcing me December 31, 2011," she tells the magazine. As for why their marriage didn't work out? "I think a lot of times strong men do want

an equal, but when they get that equal they're like, 'I can't handle it," she says. Perry also addresses her romance with John Mayer, quashing rumours they're together again. "It's over, I was madly in love with him. I still am madly in love with him," she says. "Beautiful mind, tortured soul. I do have to figure out why I am attracted to these broken birds.'

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Paula Deen revealed as racist jerk?



WORD

The fearless National Enquirer claims to have unearthed a video of famed "chef" Paula Deen allegedly admitting to using the N-word as well as making a myriad of terrible racist jokes, aimed at African Americans and Jewish

people. The Enquirer claims Deen was filmed in a May 17 deposition to defend herself and her brother Bubba Hiers against a giant lawsuit filed by the former general manager of their Savannah, Ga., restaurant.

Metro has not seen the video, so we have no way of verifying its authenticity.

Lisa Jackson is suing the family for use of defamatory language by Deen and sexual harassment and infliction of distress and assault by Hiers.

The worst from the tape? The Inquirer alleges Deen admits to saying that she wanted "black waiters to play the role of slaves in a wedding party she was planning."

Deen also reportedly gave several examples of when she used the N-word and fesses up to making racist jokes about "Jewish people, rednecks, black folks... I can't determine what offends another person." Her defence is "they're jokes."

Actually, no they aren't. Even in Georgia, those aren't



Miley Cyrus says it's better to go green

Miley Cyrus isn't being shy when it comes to her opinions on drugs and alcohol. "I think alcohol is way more dangerous than marijuana — people can be mad at me for saying that, but I don't care. I've seen a lot of people spiral down with alcohol, but I've never

seen that happen with weed," she tells Rolling Stone during an online Q&A. "As long as it isn't illegal, there are far more dangerous things. And it's legal in the state of California. So I'm happy to live in California, a place where you can be whoever you want to be.'



@mradamscott

I applaud this year's Bachelorette for being honest enough to behave as if she is in a nightmare.

@ NiallOfficial

On the bus listening to the eagles! Converting the lads! It's easy! Best band ever!

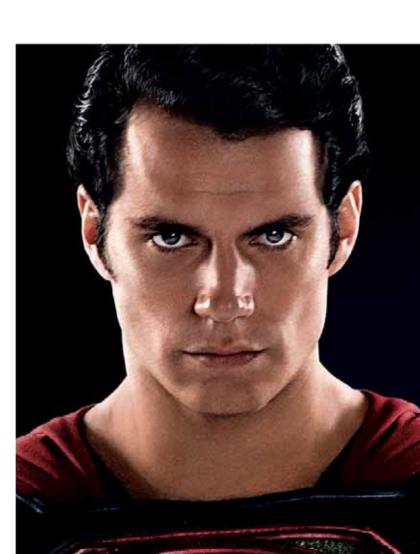
@ralphmacchio

Do not really understand Instagram. Feels like just another thing to manage. But giving it a whirl. And tweeps like the pic effects.



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HE CAN WALK THROUGH FIRE.

HE CAN MELT GLACIERS WITH HIS EYES.

HE CAN **RIP THROUGH METAL**WITH HIS BARE HANDS.

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HowDoesHeShave.ca #HowDoesHeShave







JUNE

MANOFSTEEL.CA



What a boy wants, what a boy needs

Usually, when magazines produce lists like this, the 'must-haves' are not always that accessible. So we've rounded up the best value versions of recession-proof classics that will never go out of style.

METRO WORLD NEWS



The shirt

Zara twill shirt \$60, zara.com



Ben Sherman EC1 slim \$95, bensherman.com



Edwin ED80- slim-fit jeans \$200, mrporter.com



The coat

Heritage navy cotton peacoat, \$310 bananarepublic.gap canada.com



The desert boots

Clarks Originals suede desert boots \$140, clarkscanada.com



Styling tip

All lace-ups are not the same. The Oxford is the dressier older brother to the more informal brogue. You need both in your arsenal.

The suit

J.Crew Ludlow jacket J.Crew Ludlow trousers, jcrew.com





The knit

Linen crew neck, \$149.50, clubmonaco.ca

Topman white scoop neck T-shirt \$14, topman.com



The Oxford

Mr. B's Paramonga, \$175, aldoshoes.com



metr⊕ 38 STYLE/HOME metronews.ca Thursday, June 20, 2013

> Sunnies are shaping up for a celluloid summer with a range of trends that dovetail with some of Hollywood's newest and oldest hits. We look at how you can shop the most fashionable movies frame by frame.

RICHARD PECKETT







The look: Mr. White (Harvey Keitel) The frames: Lanvin black acetate sunglasses, \$341, matchesfashion.com



The film: **Natural Born Killers** The look: Mickey Knox (Woody

Harrelson) The frames: Vintage surplus colour round sunglasses, \$33, urbanoutfitters.com





The film: **Public Enemies**

The look: John Dillinger (Johnny Depp) The frames: Quay Eyewear round sunglasses, \$31, asos.com



Housekeeping myth: Borax as a green product for your home

Is the use of Borax still considered to be an environmentally good product to use in our homes?



CHARIES THE BUTLER metronews.ca For more, visit

Sadly no. I, too, have thought for many years that Borax was a safe, good cleaning product to use in our homes.

However, I have recently learned the following from the David Suzuki Foundation web-site and I quote, "The Georgia Strait Alliance's Toxic Smart Solutions factsheet says 'while borax is also one of the least hazardous domestic cleaning products, it is not without an environmental impact. It contains a higher level of arsenic that most other products (30 parts per million), which is why it's also an effective ant killer."



So like anything, always be careful, read the label

and do your research before using a chemical product.



mopping system also features a scrubby strip for powering through tough dried-on messes.

*Do not use on unfinished wood, oiled or waxed wooden boards, non-sealed tiles or carpeted floors because they may be water sensitive.

FOR MORE INFORMATION VISIT SWIFFER.CA

metronews.ca Thursday, June 20, 2013 metr⊕

Creamy sauce dresses up meat

This mouth-watering dish takes no time at all to prepare and the reward is delicious!

The pink peppercorn crust is complimented so well by the creamy, cheesy Canadian Cambozola sauce.

This one is sure to please your family, guests or even just yourself.

- 1. Bring steaks to room temperature, about 20 minutes. Pre-heat barbecue to medium-high heat.
- 2. In a small bowl whisk together garlic, olive oil, Worcestershire sauce and thyme. Brush steaks with marinade and firmly coat with the peppercorns reserving a 1/2 tsp (2 ml) to garnish
- **3.** Place steaks on a greased grill in the centre (to allow even heat circulation). Grill covered, turning once, until steaks are medium-rare, about 8 minutes or until desired doneness. Transfer to a cutting board and let steaks stand 6 minutes before

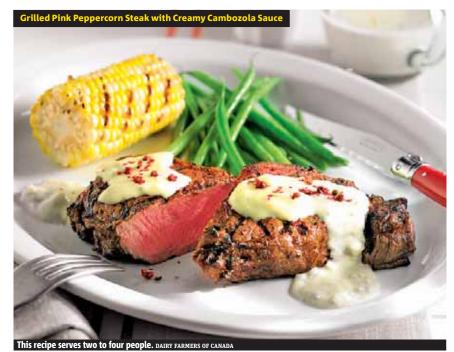
- 2 strip loin steaks, each about 8 oz (250 g) • 2 cloves garlic, grated
- 1 tbsp (15 ml) olive oil
- 2 tsp (10 ml) Worcestershire
- 1 tsp (5 ml) dried thyme
- 1 1/2 tbsp (22 ml) pink peppercorns, crushed and

Creamy Cambozola Sauce

- 1 1/2 tbsp (22 ml) unsalted
- 1 clove garlic, minced
- 1/2 cup (125 ml) 35% whipping cream
- 1/4 lb (125 g) Canadian Cambozola, Gorgonzola or Blue cheese, crumbled
- 1 tsp (5 ml) grated lemon

slicing or plating.

Creamy Cambozola Sauce: Meanwhile, heat a small saucepan on medium heat; melt butter. Add garlic, cook for 1 minute or until fragrant. Add cream and reduce by half, about 4 to 5



minutes. Slowly, whisk in cheese until pieces melt. Stir in lemon zest.

5. Serve sauce on the side or on top of a portion of the steak and garnish with remaining peppercorns. CHEF DEVAN RAJKUMAR/ DAIRY FARMERS

For your phone

Grill-It! (iPad/ iPhone/Android; \$.99/\$1.99/\$.99)



MIND THE @RealKrisAbel

With new ideas for all types of meats, veggies, mar-inades, and burgers, this often-updated recipe collection will introduce you to plank grilling, brisket smoking, fried ravioli, and gourmet BBQ pizza.



Dinner. Beef Round

- **1.** In bowl, combine steak sauce, garlic, mustard and onions. Place half in large resealable freezer bag. Cover remaining sauce and set aside in fridge. (Use half reserved sauce to baste and rest to dip.)
- 2. Pierce steak all over; add to bag and refrigerate for 8 or up to 12 hours. Discard marinade. Pat steak dry with paper towel; season with salt and pepper.
- 3. Grill over medium-high heat, brushing with reserved basting sauce, 8 minutes per side for medium-rare. Transfer

to cutting board, cover loosely with foil and let stand 5 minutes before carving on angle into slices. Serve with dipping sauce.

THE CANADIAN PRESS/ CANADA BEEF INC.

- 250 ml (1 cup) steak sauce
- 2 cloves garlic, minced
- 15 ml (1 tbsp) Dijon mustard
- 2 green onions, thinly sliced • 1 kg (2 lb round steak, 4 cm (1 1/2 inches) thick
- Salt and pepper, to taste

New York steak of mind

Although this New York Strip Steak with Parmesan-Basil Crust and Garlic Butter recipe calls for the steak to stand at room temperature, some barbecuing experts say this makes

- 4 New York strip steaks, each 285 to 340 g (10 to 12 oz) and about 2.5 cm (1 inch) thick,
- 15 ml (1 tbsp) extra-virgin
- 7 ml (1 1/2 tsp) kosher salt • 5 ml (1 tsp) black pepper
- 250 ml (1 cup) freshly grated Parmigiano-Reggiano cheese
- 30 ml (2 tbsp) finely chopped fresh hasil leaves
- 50 ml (1/4 cup) unsalted butter 2 medium garlic cloves, minced

no perceptible difference to the grilling process and is not advised from a food safety stand-

- 1. Lightly brush steaks on both sides with oil and season with salt and pepper. Let stand at room temperature 15 to 30 minutes before grilling.
- 2. Prepare grill for direct cooking over high heat - 230 to 290 C (450 to 550 F).
- **3.** Combine cheese and basil.
- Sear steaks on one side over direct high heat, with lid closed, for 3 to 4 minutes. Turn steaks over and generously coat top of each steak with cheese and basil mixture. Close lid and continue grilling until cheese is melted and steaks are cooked



utes more for medium rare. Remove from grill and let rest for 3 to 5 minutes.

5. Meanwhile, in a saucepan over medium heat, combine butter and garlic and heat until

butter is melted and garlic is sizzling, about 3 minutes. Remove from heat. Spoon garlic butter over steaks and serve im-

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AUS men's hockey

Donnelly likes look of revamped Tigers club

Chris Donnelly believes the Dalhousie Tigers men's hockey team has the pieces in place for a winning season. The head coach is

The head coach is pointing to four new players officially added to his team's roster on Wednesday.

Donnelly says they combine to offer a package of grit, size and offensive upside that his club needs to get out of the bottom of the Atlantic University Sport standings.

Dalhousie (8-17-3) finished seventh out of eight teams a year ago.

With their top scorers returning, including captain Pierre-Alexandre Vandall and Francois Gauthier, the team's focus was finding a strong supporting cast.

"Our goal was to attract quality, character guys," said Donnelly. "Do we have a 50-goal scorer coming in here? Probably not. But we have some talented guys who we think are going to make our program much better."

Five-year CHL veteran Andrew Rieder leads the pack. The 20-year-old collected 25 points in his fourth year with the Regina Pats. A shoulder injury limited his 2012-13 campaign with the Peterborough Petes to just five games.

The Tigers also picked up two six-foot-two defencemen in Tyler Hart, who split his junior career between the WHL and the Alberta Junior Hockey League, and four-year QMJHL veteran Wes Herrett, who won a Maritime Junior Hockey League title with the Summerside Western Capitals last season.

Five-foot-eight forward Fabian Walsh rounds out the group. Walsh collected more than 50 points in each of his three years in the Central Canada Hockey League.

"He brings a high level of skill," said Donnelly. "He's not the biggest guy going, but we're hoping to develop him into a No. 1 player."

ANDREW RANKIN/METRO



Bryan Bickell, left, and Jonathan Toews celebrate Brent Seabrook's overtime goal as Bruins captain Zdeno Chara, blue-liner Dennis Seidenberg and goalie Tuukka Bask look on at the end of Game 4 of the Stanley Cup final on Wednesday night in Boston. Chicago's 6-5 win tied the series 2-2, Harry Howcestry Mages

Blackhawks last to score in Game 4

Stanley Cup final.

After climbing back numerous times in pivotal game, Bruins fall on blast from Chicago's Seabrook

Brent Seabrook scored at 9:51 of overtime to give the Chicago Blackhawks a 6-5 win over the Boston Bruins in a wild Stanley Cup final game Wednesday night.



Seabrook's shot from the point through traffic that beat Bruins goalie Tuukka Rask gives the Blackhawks, who never trailed going into overtime, a new lease of life. The teams are now tied at 2-2 heading into Saturday's Game 5 in Chicago.

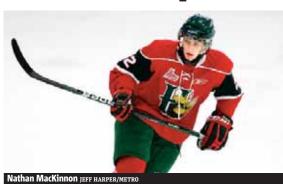
The Bruins threw everything they had at the visitors in mounting a furious comeback but came up short in the third game of the series to go to overtime.

It was a crazy contest, crammed full of offence, momentum swings and bristling with bad blood. At times, it was like a violent all-star game.

Chicago coach Joel Quenneville's decision to reunite Jonathan Toews, Patrick Kane and Bryan Bickell paid dividends. Toews and Kane each scored, with Michal Handzus, Marcus Kruger and Patrick Sharp getting the other Chicago goals.

But the Bruins refused to keel over. Patrice Bergeron scored twice and Rich Peverley, Milan Lucic and Johnny Boychuk added singles for Boston, which found itself behind the eight-ball all night. It was a roller-coaster ride for the crowd of 17,565 — the 164th straight full house at TD Garden — as the Bruins trailed 3-1 and 4-2.

NHL draft. Avs to pick forward, not Jones, at No. 1: Report



The Colorado Avalanche have ruled out the possibility of picking defenceman Seth Jones first overall in the upcoming NHL draft.

According to the Denver Post, the Avalanche's executive vice-president of hockey operations, Joe Sakic, said the team is favouring the top-ranked forwards in the draft, including Cole Harbour's Nathan MacKinnon, former Moosehead Jonathan Drouin and Finland's Aleksander Barkov.

"If we do pick first, we're

leaning more toward one of those three forwards," Sakic told the Denver Post on Tuesday. "We feel those three forwards are just too good to pass up."

That means MacKinnon, the projected No. 1 pick by International Scouting Services, could likely top the Avalanche's list.

The statements came as somewhat of a surprise given the Avs' lack of defensive depth and abundance of forwards. ANDREW RANKIN/METRO

metronews.ca Thursday, June 20, 2013 metr⊕ **SPORTS**

Up and Adam: Lind lifts Jays to sweep of Rockies

MLB. First baseman's 3-run blast sends T.O. to its 8th win in a row

Adam Lind hit a three-run homer as the Toronto Blue Jays defeated Colorado 5-2 on Wednesday night to complete a three-game sweep of the Rockies and extend their winning streak to a season-high eight

Mark Buehrle pitched five effective innings to even his record at 4-4 as the Blue Jays (35-36) inched closer to the .500 mark. Four Toronto relievers held the Rockies without a run the rest of the way, with Casey Janssen working the ninth for his 16th save.

Toronto is enjoying its longest winning streak since winning 10 in a row almost five years ago. The eight-gamer is the longest active streak in the major leagues.

Jose Bautista got things



started in the opening frame when he reached on a throwing error by third baseman Nolan Arenado. The Toronto slugger moved to second on a single by Edwin Encarnacion and Lind followed by launching a 2-1 pitch over the right-field wall for his ninth homer of the year.

The Toronto first baseman has had at least one hit in 19 of his last 22 starts and is batting a stellar .340 on the season.

Buehrle was steady but not spectacular, managing to keep Colorado from a big inning. He gave up eight hits, a walk and two earned runs over five innings while striking out four. THE CANADIAN PRESS



The Blue Jays' Adam Lind rounds the bases after hitting a three-run home run off of Rockies pitcher Juan Nicasio on Wednesday night. The Jays eted a three-game sweep with a 5-2 win. FRANK GUNN/THE CAN

Rugby. Loss to Japan could keep Canada from capturing PNC title

Canada missed a chance to clinch the Pacific Nations Cup rugby title when it lost 16-13 to Japan on Wednesday.

Making its debut in the competition, Canada would have won the PNC unbeaten with a victory. Instead, the title could yet go to the winner of the Fiji-Tonga match in Tokyo on Sunday.

Fullback Ayumu Goromaru scored all of Japan's points from a converted try and three penalties.

Centre Ciaran Hearn's con-

verted try in the second half regained Canada the small lead it enjoyed at halftime. But Goromaru's seven-pointer midway through the second spell put Japan back in front at 13-10.

Canada levelled on James Pritchard's second penalty, but Goromaru's third penalty eight minutes from the end sealed Japan's first win in the PNC since 2011.

Meanwhile, Fiji beat the United States 35-10 for its second win in three PNC matches. THE CANADIAN PRESS

PGA

Elbow injury puts Tiger out of action

Tiger Woods announced on Wednesday that soreness in his left elbow would keep him from defending his title next week in the AT&T National at Congressional, and that he would not compete again until the British Open

next month at Muirfield.

This is the sixth straight year that an injury has kept him from either playing a tournament or finishing

The culprit this time is a strain in his left elbow. The problem first became apparent during the opening round of the U.S. Open last week at Merion.

THE ASSOCIATED PRESS

'I want to go down as one of the greatest': James



or fax to 902-423-0229

LeBron James could not sleep after Game 6.

Imagine, then, how frayed his emotions will be going into Game 7 on Thursday night.

So much is at stake. Legacies, for so many players, James included. The championship. Whether the season was a success or a bust. How he will be portrayed over the next few months. How his-

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maintenance, diagnosing and repairing a large fleet of commercial

tory will judge a Miami Heat team that won 27 straight games in one stretch, 66 games in the regular season.

Although the Heat will insist otherwise, the common belief is that it all hinges on James. And the four-time NBA MVP wouldn't have it any other way.

"I want to go down as one of the greatest. I want our team to go down as one of the greatest teams. And we have an opportunity to do that," James said. "Hasn't been many teams to win back-to-back championships. It's so hard. It's the hardest thing. I said last year it was the hardest thing I've ever done, winning my first. Last year don't even come close to what we've gone through in this post-season and in these finals." THE ASSOCIATED PRESS

Uncharted ground for Spurs

"We've never been through a situation like this."

San Antonio guard Manu Ginobili on bouncing back from Tuesday night's Game 6 loss. The Spurs were up 13 points early in the fourth quarter and led 94-89 with 21 seconds to go.

MLB **AMERICAN LEAGUE**

Boston	W	L 30	Pct .595	GB
Baltimore	42	31	.575	11/2
New York	39	32	.549	31/2
Tampa Bay	37			ءرد 6
Toronto	35	36	.493	71/2
CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	39	31	.557	_
Cleveland	36	35	.507	31/2
Kansas City	34	36	.486	5
Minnesota	32	36	.471	6
Chicago	29	40	.420	91/2
WEST DIVISION				
	W	L	Pct	GB
Oakland	43	31	.581	_
Texas	40	32	.556	2
Seattle	32	40	.444	10
Los Angeles	31	40	.437	101/2
Houston	27	46	.370	151/2

Wednesday's results

Toronto 5 Colorado 2 Baltimore 13 Detroit 3 Tampa Bay 6 Boston 2

Minnesota 7 Chicago White Sox 4

Texas 9 Oakland 4 Milwaukee 3 Houston 1 Cleveland 6 Kansas City 0

N.Y. Yankees 6-0 L.A. Dodgers 4-6 (DH) Seattle at L.A. Angels

Thursday's games All times Eastern

Chicago White Sox (Danks 1-3) at Minnesota (Diamond 4-6), 1:10 p.m.

Oakland (Griffin 5-6) at Texas (Lindblom 0-2), 2:05 p.m.

Milwaukee (Gallardo 6-6) at Houston (Harrell 5-7), 2:10 p.m.

Tampa Bay (Moore 8-3) at N.Y. Yankees (Pettitte 5-4), 7:05 p.m.

Boston (Lackey 4-5) at Detroit (Alvarez 1-0), 7:08 p.m.

Seattle (Hernandez 8-4) at L.A. Angels (Hanson 4-2), 10:05 p.m.

NATIONAL LEAGUE

W	L	Pct	GB
43	30	.589	_
35	36	.493	7
35	38	.479	8
27	41	.397	131/
22	49	.310	20
W	L	Pct	GB
46	26	.639	_
44	29	.603	21/
42	30	.583	4
29	41	.414	16
29	41	.414	16
W	L	Pct	GB
39	33	.542	_
37	34	.521	11/
37	36	.507	21/
36	36	.500	3
	43 35 35 27 22 W 46 44 42 29 29 W 39 37 37	W L 46 26 44 29 42 49 W L 39 31 39 33 37 34 37 36	43 30 .589 35 36 .493 35 38 .479 27 41 .397 22 49 .310 W L Pct 46 26 .639 44 29 .603 42 30 .583 29 41 .414 29 41 .414 W L Pct 39 33 .542 37 36 .507

Cincinnati 2 Pittsburgh 1 (13 inn.)

St. Louis 4 Chicago Cubs 1 San Francisco 4 San Diego 2 Arizona 3 Miami 1 Atlanta 5 N.Y. Mets 3 Washington 6 Philadelphia 2 (11 inn.)

Tuesday's results San Francisco 5 San Diego 4 Philadelphia 4 Washington 2

Arizona 3 Miami 2 Chicago Cubs 4 St. Louis 2 NY Mets 4 Atlanta 3 N.Y. Mets 6 Atlanta 1 Pittsburgh 4 Cincinnati 0

Thursday's games All times Eastern

Pittsburgh (Cumpton 0-0) at Cincinnati (Bailey 4-5), 12:35 p.m. Colorado (Oswalt 0-0) at Washington (Zimmermann 9-3), 7:05 p.m.

N.Y. Mets (Niese 3-6) at Atlanta (Minor

8-2), 7:10 p.m. Chicago Cubs (Feldman 6-5) at St. Louis

(Lynn 9-1), 8:15 p.m. L.A. Dodgers (Fife 1-2) at San Diego

(Marquis 9-2), 10:10 p.m. Miami (Koehler 0-5) at San Francisco (Gaudin 2-1), 10:15 p.m.

NHL PLAYOFFS

STANLEY CUP FINAL

(Best-of-7 series: All times Eastern)

CHICAGO (1) VS. BOSTON (4)

Wednesday's result Chicago 6 Boston 5 (OT) Saturday's game

Boston at Chicago, 8 p.m. Monday's game

Chicago at Boston, 8 p.m.

BLACKHAWKS 6, BRUINS 5 (OT)

First Period

1. Chicago, Handzus 3 (Saad) 6:48 (sh) 1. Chicago, Handzus 3 (Saad) 6:48 (Sn)
2. Boston, Peverley 2 (Ference) 14:43 (pp)
Penalties — Oduya Chi (interference) 5:18,
Keith Chi (hooking), Shaw Chi (roughing),
Kelly Bos (roughing) 12:45, Horton Bos
(slashing) 18:16, Keith Chi (tripping) 18:58.
Second Period
2. Chicago Tayura 1 (Pagarina) 6:23

3. Chicago, Toews 2 (Rozsival) 6:33

5. Chicago, Kane 7 (Bickell, Rozsival) 8:41 5. Boston, Lucic 6 (Chara) 14:43 6. Chicago, Kruger 3 (Frolik, Bolland) 15:32 7. Boston, Bergeron 8 (Chara, Jagr) 17:22 (pp) Penalty—Bos. bench (too many men, served by Thornton) 9:58, Kane Chi (hooking) 16:24.

Third Period

8. Boston, Bergeron 9 (Jagr) 2:05 9. Chicago, Sharp 10 (Hossa, Keith) 11:19 (pp) 10. Boston, Boychuk 6 (Horton, Krejci) 12:14 Penalties — Toews Chi (high-sticking) 8:51, Jagr Bos (high-sticking) 9:13, Krejci Bos (hooking) 10:20.

First Overtime 11. Chicago, Seabrook 3 (Bickell, Kane) 9:51 Penalties — None Shots on goal

Chicago

ton: Rask (L,14-6-0). Power plays (goalschances) — Chicago: 1-4; Boston: 2-5. Attendance — 17,565 (17,565) at Boston

NBA PLAYOFFS

FINAL

(Rost-of-7 sories)

MIAMI (1) VS SAN ANTONIO (2)

(Series tied 3-3) Thursday's game

San Antonio at Miami, 9 p.m., EDT

See today's answers at metronews.ca/answers.

Horoscopes

T Aries

March 21 - April 20

Your reaction when confronted by an obstacle is to kick it out of the way, but you must be more subtle today. You should also try to remember that other people's feelings are not always as robust as your own.

Taurus April 21 - May 21

The best way to deal with a problem is pretend it doesn't exist. The more you focus on negative things, the more likely it is they will keep going wrong. "Positive thinking" is more than just a slogan.

II Gemini May 22 - June 21

There are far too many distractions in your life and if you want to move ahead in areas that are really important to you then you need to cut back quite ruthlessly on activities.

9 Cancer

June 22 - July 23

The Sun moves into your sign tomorrow and a new solar year begins, making this the ideal day to look back over the past 12 months. Whatever mistakes you made, forgive yourself and move on.

Ω Leo July 24 - Aug. 23

You may appear open and outgoing to the world at large but you have secrets like everyone else. One secret is likely to be revealed over the next few days. Pretend you don't care.

W Virgo Aug. 24 - Sept. 23

If you have not finished a project of some time by now, it might be best to forget about it. That is the message of the stars today and while it may sound a bit negative, it's not.

△ Libra

Sept. 24 - Oct. 23 When the Sun crosses the

career angle of your chart tomorrow, you must turn your attention to your reputation. Could it be better? Yes, it could. You must identify how.

M Scorpio Oct. 24 - Nov. 22

In recent weeks it seems you have been cruising on autopilot but that will change with the Sun's change of signs tomorrow. Suddenly you will be more alive again. Suddenly you will be back in control.

Sagittarius Nov. 23 - Dec. 21

Try to get your point of view across in a calm way. It will help if you are clear in what exactly it is you want to say. Make that your priority today then speak up tomorrow.

17 Capricorn Dec. 22 - Jan. 20

Try to help others because the good deeds you do for them now will come back to you over the next few weeks. Above all, remember you can't always have things your own way. You have to give ground.

Jan. 21 - Feb. 19

There is no need to apologize for things that are not your responsibility. Someone you live or work with will try to shift the blame for a failure of some kind on to you today but you must have none of it.

) Pisces Feb. 20 - March 20

The worries of the past few weeks will begin to fade today and once the Sun moves into the most dynamic area of your chart tomorrow they should disappear altogether. SALLY BROMPTON

Crossword: Canada Across and Down

16

40

43

Across

- 1. Group ruled by Odin 6. Labyrinth
- 10. Eye logo TV network
- 13. Apt
- 14. "Jeopardy!" host
- Mr. Trebek
- 15. Aching
- 16. Pub serving sizes 17. Type of tide
- 18. Applaud
- 19. Jumbo, the world famous , died
- in 1885 when hit by a train in St. Thomas, Ontario. There is a life-size statue there in
- his honour. 22. Thoroughly search
- or examine 23. Assortment
- 24. Ancient land
- 27. Some soil
- 30. Q-Tip, for one
- 34. Shoe width size 35. Rotten
- 37. DND = Depart-
- ment of 40. "Let's __ a day.":
- 2 wds.
- 41. Unit of weight
- 42. Film holder 43. Ottawa's Parlia-
- ment
- 44. Tie type 46. Genuine
- 48. Dock 52. It's the 'kind the drugstores sell' in
- Gordon Lightfoot's song: 2 wds. 57. Alanis Morissette's
- Really Want' 58. Drifting 59. Become a green-
- to-yellow banana 61. Earring kind 62. Sketch, as in
- comedy 63. Like hosiery or mascara, maybe: 2 wds.

64. Clothe 65. Healthy

66. Zzzzz ...loudly!

58

65

20

44

33

Down

- 1. iPhone download
- 2. Actor Mr. Bana's
- 3. Kind of boom
- 4. Brief beginning
- 5. Save
- 6. Provides with staff 7. Sailor's sheltered side

35

42

45

59

63

- 8. Extremist 9. Officially kick out
- 10. Pop
- 11. Certain cereal
- 12. __-Iles, QC
- 15. Bluenose II, for
- one
- 20. "Hurry!" meaning 21. Rice dish

60

- 25. Thumbs-up vote
- 26. Pounds, as hail 28. Dermatologist
- patient's concern
- 29. House critters
- 30. Canadian engineering group, ___

-Lavalin

- BY KELLY ANN BUCHANAN 31. Cr-yying sound
- 32. Mythical Hun king 33. Northwest Coast
- artist, b.1920 d.1998, whose work includes the Haida creation
- myth sculpture Raven and the First Men:
- 2 wds.
- 35. Fame
- 36. Benicio Toro link 38. Wayne Gretzky,
- once 39. Grumpy's co-
- worker
- 44. Yukon neighbour
- 45. "The Path of (Terms)" by Sarah
- McLachlan
- 47. Embarrass
- 49. Airplane: French
- 50. Artwork like the
- original, informally 51. Flower: French
- 52. Former
- 53. Choir voice 54. Promote
- 55. Put a 'roof' on a room
- 56. Pippa's royal sister
- 60. SSW's opposite direction

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	4	5	7	6	3	9	8	2
2	6	8	5	9	4	1	3	7
3	9	7	8	1	2	4	6	5
6	5	1	2	7	9	8	4	3
4	3	9	6	5	8	2	7	1
8	7	2	3	4	1	6	5	9
9	2	3	4	8	7	5	1	.6
5	1	4	9	3	6	7	2	8
7	8	6	1	2	5	3	9	4

	2				6	3	9	
		7					4	6
				9		8		5
			7	1				9
	4						2	
8				2	9			
8 9 7		4		3				
7	5					6		
	3	2	8				1	

Today

22°/11° Sunny

Friday



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TWN incorporates MSC data







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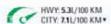
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